



**Key Indicator - 2.3 Teaching - Learning Process**

**2.3.2 The institution adopts effective Mentor-Mentee Schemes to address academics and student-psychological issues.**

**Topics Discussed**

Discussions provide a valuable platform for open communication and personalized guidance. These interactions involve one-on-one or group conversations between mentors and mentees, creating an environment where mentees can seek advice, discuss academic challenges, explore career options, and receive valuable insights from their mentors.

These discussions often encompass a variety of topics, such as academic progress, goal-setting, personal development, and strategies for overcoming challenges. Mentors provide constructive feedback, share their experiences, and offer encouragement, creating a supportive relationship that extends beyond traditional classroom interactions. Regular mentor-mentee conversations foster a sense of belonging and assist mentees in navigating the complexities of college life.

**SAMPLE PROOFS**


<b>2.3.2.4 TOPICS DISCUSSED</b>	
<b>2023-2024</b>	<a href="#"><u>CLICK HERE</u></a>
<b>2022-2023</b>	<a href="#"><u>CLICK HERE</u></a>
<b>2021-2022</b>	<a href="#"><u>CLICK HERE</u></a>
<b>2020-2021</b>	<a href="#"><u>CLICK HERE</u></a>
<b>2019-2020</b>	<a href="#"><u>CLICK HERE</u></a>
<b>PSYCHOLOGICAL ISSUES ADDRESSED</b>	<a href="#"><u>CLICK HERE</u></a>


**TOPICS DISCUSSED 2023-2024****DEPARTMENT OF BUSINESS ADMINISTRATION****Topic Discussed:** Collaborating, Communication, and Soft Skills**Tutor:** Ms.P.Thangamani**Ward:** III BBA**Date :** 13.03.2024.**Description of the topic to be discussed:**

Soft skills are more important than you may think; you can identify areas of improvement for your softs skills and work together to build them up. In today's workplace, communication and collaboration are two of the most sought-after skills. Both centre around emotional intelligence, which allows you to receive constructive feedback, resolve conflicts fairly and respect others' opinions and contributions. Your mentor may suggest discussing common workplace conflicts or role-playing what you would do in tricky scenarios. This is also your chance to bring up real-life situations you've faced or are currently dealing with at work.

S.No.	Register No.	Name of the Beneficiary	Signature
1	21104028	PREETHIKA B	B. Preethika
2	21104029	PRINCY P	P. Princy
3	21104030	PRIYA E	E. Priya
4	21104031	PRIYADHARSHINI B	B. Priyadharsini
5	21104032	PRIYANKA M	M. Priyanka
6	21104033	RAGASUDHA N	N. Ragasudha
7	21104034	RAMYA R	R. Ramya
8	21104035	RATHIKA C	C. Rathika
9	21104036	ROHETHAA VAP	V. Rohethaa
10	21104037	ROSINI M	M. Rosini
11	21104038	SATHYA SRI K	K. Sathya Sri
12	21104039	SHOBIKA B	B. Shobika
13	21104040	SOWMIYA P	P. Sowmya
14	21104041	SOWNTHARYA C	C. Sowntharya
15	21104042	SUVETHA S	S. Suvetha
16	21104043	SWETHA V	V. Swetha
17	21104044	THIRISADEVI R	R. Thirisa Devi
18	21104045	VENMATHI D	D. Venmathi
19	21104046	YAZHINI N	N. Yazhini
20	21104047	YOGALAKSHMI J	J. Yogalakshmi

**Comments:** This session was helpful in knowing more about collaboration, communication and soft skills.

  
Signature of the Staff

  
Signature of the HOD



# CAUVERY COLLEGE FOR WOMEN (AUTONOMOUS)

NAAC Accreditation III Cycle : A Grade (CGPA 3.41 out of 4)

Tiruchirappalli - 620018, Tamil Nadu, India

NAAC - Cycle IV SSR

## CRITERION II

## TOPICS DISCUSSED

**Topic Discussed:** Problem-Solving Current Career Situations

**Tutor:** Dr.A.Sivaranjani

**Ward:** II BBA & III BBA

**Date :** 14.12.2023.

**Description of the topic to be discussed:**

Your current job is the perfect starting point for practical career advice. Identify some workplace issues you're dealing with and present them to your mentor. Together, you can discuss these challenges, conflicts, and ethical dilemmas to help you define potential solutions. This is also a chance to get into less urgent career situations.

S.No.	Register No.	Name of the Beneficiary	Signature
1	22104056	SOUNDARIYA V	V. Soundariya
2	22104057	SRI POORNIMA P S	P.S. Sri-Poornima
3	22104059	SUBA SRI T	S.T. Subasri
4	22104060	SUBASRI P	P. Subasri
5	22104061	SWATHI K	Swathi K
6	22104063	TAMIZH ARUVI S	T. Aruvi S
7	22104064	THRISHA V	V. Thrisha
8	22104065	VINDHIYA G	G. Vindhya
9	22104066	YASMINE BARLANA S	S. Yasmine Barlana
10	22104067	THEJASHVINI M	M. Thejashvi
11	22104068	AMIRTHA C	C. Amirtha
12	22104069	KEERTHANA D T	D. T. Keethana
13	22104070	NIRANJITHA R	R. Niranjitha
14	22104073	RAGHAVI P	P. Raghavi
15	22104074	SUBRAMANIAM NIVETHIKA A	A. Nivethika
16	21104002	ABIRAMI B	B. Abirami
17	21104003	ANUKARTHIKA M	M. Anukarthika
18	21104004	BIRUNDHA M	M. Birundha
19	21104005	DHIVYASHREE M	M. Dhivyashree
20	21104006	DHIYASRI L	L. Dhiyasri

**Comments:** We have got a lot of knowledge and skills that can be learned from the internet but the practical application is in our creativity.

Signature of the Staff

Signature of the HOD



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Tiruchirappalli - 620018, Tamil Nadu, India

NAAC - Cycle IV SSR

## CRITERION II

## TOPICS DISCUSSED

**Topic Discussed:** Developing a Career Path

**Tutor:** Dr.J.Tamilselvi

**Ward:** I BBA

**Date :** 22.06.2023.

**Description of the topic to be discussed:**

To talk about how to develop your career.Recommendations for your trajectory, including the next steps. It's also valuable to talk about your mentor's experience with career-building and any key takeaways.Finally, you might ask for practical activities, such as job searching, reference building, resume reviewing, mock interviewing, or job shadowing.

S.No.	Register No.	Name of the Beneficiary	Signature
1	23104001	ABIRAMI.M	
2	23104002	AGATHIYA.T	T. Raj
3	23104003	AMBA.S	A. Amba
4	23104004	AMNA NAZAK .K	Amna Nazak
5	23104005	ASWINI .G	G. Aswini
6	23104006	AYESHA RISWANA .A	A. Ayesha
7	23104007	BHUVANADHIVYA .S	S. Bhuvanadhivya
8	23104009	DHANISHKA .K	K. Dhanya
9	23104010	DHARSHINI .G	G. Dharsini
10	23104011	KARTHIGA .G	G. Karthiga
11	23104012	KAVIYA .S	S. Kaviya
12	23104013	LAKSHMI .P	P. Lakshmi
13	23104014	LAKSHMI .R	R. Lakshmi
14	23104015	LOGESHWARI .M	M. Logesh
15	23104016	LOGESHWARI .S	S. Logesh
16	23104017	MADHUMALAR .K	K. Madhumalar
17	23104018	MADHUMITHA CHITHIRA KANNAN	M. Madhumitha
18	23104019	MANOBHARATHI .M	M. Manobharathi
19	23104020	MIMITHA .K	K. Mimitha

**Comments:**

The topic was helpful for the students to get know about the challenges faced in career path.

J. Tamilselvi  
Signature of the Staff

J. Tamilselvi  
Signature of the HOD



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NAAC - Cycle IV SSR

## CRITERION II

## TOPICS DISCUSSED

**Topic Discussed: Networking**

**Tutor: Dr.M.Gayathri**

**Ward: I BBA**

**Date : 12.07.2023.**

**Description of the topic to be discussed:**

Networking is an often dreaded part of career-building. Yet, creating a network and strengthening professional relationships is important for finding new connections, sparking ideas, and exchanging career. You should regularly network to leverage your professional contacts, whether through virtual training, online forums, industry events, professional associations, or even 1-to-1 coffee dates. Your mentor can help identify areas for you to pursue industry networking and tips for improving your networking skills. Together you might role-play networking with new connections or talk about how to foster genuine relationships.

S.No.	Register No.	Name of the Beneficiary	Signature
1	23104023	MONISHA M	M. Monisha.
2	23104024	MONISHA N	M. Monisha
3	23104025	MOSHIGA G	G. Moshiga
4	23104026	NAVEENA B	B. Naveena
5	23104027	NILA K	K. Nilu
6	23104028	PADMAPRIYA P	P. Padmapriya
7	23104029	PADMAPRIYA D	D. Padmapriya
8	23104030	PRAGATHI B R	B.R. Pragathi
9	23104031	PREETHI S	S. Preethi
10	23104033	PRIYADHARSHINI B	B. Priyadharsini
11	23104034	RAJESHWARI A	A. Rajeshwari
12	23104035	RIZWANA ASMI R	R. Rizwana Asmi
13	23104036	SABITHA B	B. Sabitha
14	23104037	SARASWATHI R	R. Saraswathi
15	23104038	SHALINI K	K. Shalini
16	23104039	SHALINI T	T. Shalini
17	23104040	SHARMILA BANU E	E. Sharmila Banu
18	23104041	SURUTHI S	S. Suruthi
19	23104042	SHWETA T	T. Shweta
20	23104043	SNEKA K	K. Sneha

**Comments:** The topic has been very thoughtful and would definitely help in our future as life skills.

*M. Gayathri*  
Signature of the Staff

*J. Jibha*  
Signature of the HOD



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## CRITERION II

## TOPICS DISCUSSED

**Topic Discussed:** Becoming Entrepreneurial

**Tutor:** Dr.S.Thamaraiselvi

**Ward:** II BBA

**Date :** 18.08.2023.

**Description of the topic to be discussed:**

Developing an entrepreneurial spirit can really help your career take off. Work with your mentor about how to cultivate entrepreneurial habits. You may also think about how to ask your boss for time and resources to complete a special project. Setting goals for innovation and risk-taking can be useful for creating new work opportunities. Your mentor can highlight ways to follow your instincts and talents.

S.No.	Register No.	Name of the Beneficiary	Signature
1	22104013	JANALI S	S. Janali
2	22104014	JANNATH FIRTHOUSE A	Jannath firthouse A
3	22104015	KARTHIKA D	D. Kartika
4	221040116	KARUNYA A	Karunya A.
5	22104017	KETHARIN SARVIS U	Ketharin sarvis u
6	22104018	KIRTHIKAN C	Kirthikan C
7	22104019	KRISHNA PRIYA P	P. Krishna Priya
8	22104020	LOGESHWARI S	S. Logeshwari
9	22104021	LOGESHWARI S	S. Logeshwari
10	22104022	MADHUMITHA D	D. M. H.
11	22104023	MADHUMITHAA S	S. Madhumitha
12	22104024	MAHALAKSHMI M	M. Mahalakshmi
13	22104025	MAHESHWARI M	M. Maheshwari
14	22104026	MERINA ABIL A	Merina
15	22104027	MONICA M	Monica M
16	22104028	MONICA BHARATHI R G	R. G. Monica Bharathi
17	22104031	MURUGESWARI P	P. Murugeswari
18	22104033	NIVEYDHINI S	S. Niveydhini
19	22104034	PAVITHRA L	L. Pavithra.

**Comments:**

The above topic was very useful for the students. Developing and cultivating the entrepreneurial habits among the students helps them to understand and provide them a good platform for start-ups.

**Signature of the Staff**

**Signature of the HOD**



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Tiruchirappalli - 620018, Tamil Nadu, India

NAAC - Cycle IV SSR

## CRITERION II

## TOPICS DISCUSSED

**Topic Discussed:** Harnessing Feedback for Improvement

**Tutor:** Dr.M.Neela

**Ward:** III BBA

**Date :** 07.02.2024.

**Description of the topic to be discussed:**

Feedback is the heart of improvement by getting feedback on these assignments, you'll be able to track your progress. You'll also take advantage of your mentor's expertise in the field and get real constructive criticism from an industry leader. In turn, receiving and applying feedback can inspire self-improvement now and as your career continues to develop.

S.No.	Register No.	Name of the Beneficiary	Signature
1	21104007	DURGASRI A	A. Durgasri
2	21104008	ELAYARANI R	
3	21104009	GOWSIGA R	R. GowSIGa
4	21104010	GUGANESHWARI B	B. Guganeshwari
5	21104011	HARINI G	G. Harini
6	21104012	HEMA V	V. Hema
7	21104013	HEMAVATHI S	S. Hemavathi
8	21104014	ISHWARYA T	T. Ishwarya
9	21104015	KALAISELVI A	A. Kalaiselvi
10	21104016	KAVIYA P	P. Kaviya
11	21104017	KIRUTHIGA K	K. Kiruthiga
12	21104018	LAKSHMI PRIYA S	S. Lakshmi Priya
13	21104020	MAHALAKSHMI D	D. Mahalakshmi
14	21104021	MONICKA P	P. Monicka
15	21104022	NALINI S	S. Nalini
16	21104023	NANDHINI D	D. Nandhini
17	21104024	NITHIYALAKSHMI K	K. Nithiyalakshmi
18	21104026	PRASANA DEVI S	S. Prasana Devi
19	21104027	PRAVEENA J	J. Praveena

**Comments:** This session was helpful in knowing more about importance of feedback and how it helps in self-improvement and career.

*Neela*

Signature of the Staff

*J. Praveena*

Signature of the HOD

**PG AND RESEARCH DEPARTMENT OF COMMERCE****Topic Discussed: DEVELOPING POSITIVE ATTITUDE****Tutor: Dr.S.Jayalakshmi****Ward: II B.Com B (11) & C (6)****Date: 09.09.2023****Description of the topic to be discussed:**

Developing a positive mindset and attitude is not only beneficial for your mental health, but also for your self-confidence, productivity, and relationships. However, it is not always easy to maintain a positive outlook in the face of challenges, setbacks, and negative emotions. In this article, you will learn some practical strategies to help you cultivate a positive mindset and attitude in your daily life. One of the first steps to developing a positive mindset and attitude is to become aware of your negative thoughts and beliefs that may be holding you back or causing you stress. Negative thoughts are often distorted, exaggerated, or irrational, and can affect how you feel and behave. For example, you may think that you are not good enough, that you will fail, or that others will judge you. To challenge these negative thoughts, you can use techniques such as questioning their validity, finding evidence to the contrary, or reframing them in a more realistic and constructive way.

S.No.	Register No.	Name of the Beneficiary	Signature
1	22111109	KEERTHANA S	S. Keerthana
2	22111111	KIRUTHIKA P	P. Kiruthika
3	22111112	KIRUTHIKA S	S. Kiruthika
4	22111113	KOKILA M	M. Kokila
5	22111114	KOWSALYA S	S. Kowsalya
6	22111115	KRISHNAVENI K	K. Krishnaveni
7	22111116	KRISHNAVENI R	R. Krishnaveni
8	22111118	MADUSRI R	R. Madhusri
9	22111119	MAHALAKSHMI B	B. Mahalakshmi
10	22111120	MAHALAKSHMI D	D. Mahalakshmi
11	22111121	MAHALAKSHMI S	S. Mahalakshmi
12	22111122	MAHALAKSHMI S	S. Mahalakshmi
13	22111123	MAHANDHIKA A	A. Mahandhika
14	22111124	MANIMEGALAI S	S. Manimegalai
15	22111125	MANISHA R	R. Manisha
16	22111126	MARIYA JANCY L	L. Mariya Jancy
17	22111127	MATCHA GANDHI R	R. Matcha Gandhi

**Comments:** The outcome of developing positive attitude in our behaviour. It is very useful session.

N. Sanki 9/9/23  
Signature of the HOD





CRITERION II

TOPICS DISCUSSED

Topic Discussed: WOMEN SAFETY APPS

Tutor: Ms.N.Aruna

Ward: II B.Com D (1) & III B.Com A (16)

Date: 12.08.2023

Description of the topic to be discussed:

As a woman, it's important to prioritize your safety in all aspects of life. Unfortunately, we live in a world where women are often targeted for violence and harassment. But technology has provided us with tools to help protect ourselves and stay safe. Technology plays an important role in empowering women's rights and also helps them stay safe and sound. With the rise of smart phones and mobile applications, women can now use apps specifically designed for their safety. These apps offer a wide range of features from live tracking to emergency buzzers, these can help women stay safe when they are walking or travelling alone and keep them alert in any shady situation.

Top 8 Apps for Women's Safety: Safe, Circle of 6, Shake2Safety, My Safetipal, SOS Stay Safe, FightBack, Life360, Nirbhayam

Table with 4 columns: S.No., Register No., Name of the Beneficiary, Signature. It lists 17 beneficiaries and their signatures.

Comments:

This topic was very useful to us. How to get help from the emergency department, family, or friend at the earliest. I know N. Santhi Signature of the HOD 12/07/23

**CRITERION II****TOPICS DISCUSSED****Topic Discussed: PSYCHOLOGICAL EFFECTS OF SMART PHONE****Tutor: Dr.D.Ramya****Ward: III B.Com A (11) & B (6)****Date: 07.07.2023****Description of the topic to be discussed:**

Mobile or cell phones are now a day's an integral part of modern telecommunications in every individual life. In many countries, over half of the population use mobile phones and the mobile phone market is growing rapidly. From poor sleep quality to heightened levels of stress, anxiety, and depression, Smartphone addiction can take a huge toll. Mental health providers need to be aware of the potential issues associated with the overuse of smart phones so that they can help their clients identify, manage, and overcome the addiction. The wide array of video games and other applications not only disturb them but also cause anxiety in students. Students suffer from debilitating headaches and migraines due to this constant phone usage, which further leads to anxiety and depression. Excessive Smartphone use is associated with difficulties in cognitive-emotion regulation, impulsivity, and impaired cognitive function, addiction to social networking, shyness and low self-esteem. Medical problems include sleep problems, reduced physical fitness, unhealthy eating habits, pain and migraines, reduced cognitive control and changes in the brain's gray matter volume. Excessive Smartphone use is associated with psychiatric, cognitive, emotional, medical and brain changes that should be considered by health and education professionals.

S.No.	Register No.	Name of the Beneficiary	Signature
1	21111220	SURYADHARSHINI R	R. Suryadharini
2	21111229	SWATHIKA D	D. Swathika
3	21111233	SWETHA K	K. Swetha
4	21111235	SWETHA V	V. Swetha
5	21111236	TAMIL SELVI S	S. Tamilselvi
6	21111242	VAISHNAVI GUPTA B	B. Vaishnavi Gupta
7	21111246	VARSHA B	B. Varsha
8	21111247	VARSHA C	C. Varsha
9	21111250	VARSHA S	S. Varsha
10	21111256	YOGADHARSHINI S	S. Yogadharshini
11	21111259	YOGALAKSHMI S	S. Yogalakshmi
12	21111001	AARTHI K	K. Aarthi
13	21111004	ABENAYAA N	N. Abenayaa
14	21111005	ABI S	S. Abis
15	21111008	ABINAYASRI B	B. Abinayasri
16	21111009	ABIRAMI J	J. Abirami
17	21111010	ABIRAMI K	K. Abirami

**Comments:**

It was discussed about the Psychological Effects of Smart phone to the students stating the factors of positive as well as negative

N. Sanin 7/7/23  
Signature of the HOD



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NAAC - Cycle IV SSR

## CRITERION II

## TOPICS DISCUSSED

**TOPIC DISCUSSED** : INNER ENGINEERING  
**TUTOR** : LALITHAMBIGAI J  
**WARD** : I B.COM. B & C  
**DATE** : 07.10.2023

### Description of the topic to be discussed:

Inner engineering is a process of finding the required balance between the challenges of your day-to-day life and inner longing for well-being and peace through yoga or meditation practices. Yoga holistically has a broad meaning of connecting the self with God. Inner Engineering is a transformative program that includes simple Yoga practices, sessions and meditative processes guided by Sadhguru, and the transmission of Shambhavi Mahamudra Kriya, a powerful 21-minute Yogic practice. This program helps you build a foundation of health, joy and exuberance and establish a chemistry of blissfulness.

S.NO	REGISTER NO.	NAME OF THE BENEFICIARY	SIGNATURE
1.	23111086	Kavyadharshini S	S. Kavyadharshini
2.	23111087	Kiruthika S	S. Kiruthika
3.	23111088	Kokila K	K. Kokila
4.	23111089	Kulumayee Dharshini S	K. Kulumayee
5.	23111090	Lalithaambigha S	S. Lalithaambigha
6.	23111091	Lathika Devi S	S. Lathika
7.	23111092	Lavanya R	Lavanya R
8.	23111093	Lavanya R	R. Lavanya
9.	23111094	Lisha K	K. Lisha
10.	23111095	Madhumitha R	Madhumitha
11.	23111096	Mahalakshmi D	Mahall
12.	23111129	Priyadharshini S	S. Priyadharshini
13.	23111076	Juliha Hathun A	A. Juliha
14.	23111080	Kanchana K	K. Kanchana
15.	23111097	Mahalakshmi K	M. Mahalakshmi
16.	23111098	Mahalakshmi M	M. Mahalakshmi
17.	23111099	Mahalakshmi M	M. Mahalakshmi

### Comments:

To know how to face the life in an energetic and cheerful manner.

*[Signature]*

SIGNATURE OF THE STAFF INCHARGE

*[Signature]* N. Sarani 7/10/23

SIGNATURE OF THE HOD



**PG AND RESEARCH DEPARTMENT OF COMPUTER SCIENCE**

**CAUVERY COLLEGE FOR WOMEN (AUTONOMOUS)  
PG & RESEARCH DEPARTMENT OF COMPUTER SCIENCE  
MENTOR MENTEE  
Academic Year 2023 – 2024**

**TOPICS DISCUSSED**

1. Computer Security Breaches and Hacking
2. ChatGPT
3. Artificial Intelligence
4. Augmented Reality
5. Human Computer Interaction



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## CRITERION II

## TOPICS DISCUSSED

TOPIC DISCUSSED : CHAT GPT  
 TUTOR : MS.S. SARANYA  
 WARD : 2221001 - 2221018  
 DATE : 10-10-2023

Description of the topic to be discussed: Chat GPT is an AI language model designed by Open AI for conversation and text generation tasks. It uses deep learning to understand and respond to various queries, providing information, assistance, or generating text based on the input. Its capabilities include providing information, generating ideas and engaging in natural language conversations.

S.No	Register No	Name of the beneficiary	Signature
1	22121001	AARTHI R	R.Aarthi
2	22121002	AARTHI V	V.Aarthi
3	22121003	ABARNA V	Abarna V
4	22121004	ABINAYA D	Abinaya D
5	22121005	ABINAYA J	J. Abinaya
6	22121006	ABINAYA M	M. Abinaya
7	22121007	ABINAYA R	Abinaya Ramesh
8	22121008	ACHUTHA T	Achutha T
9	22121009	ADHMA PRIYA S	Adhmadriya S
10	22121010	AISWARIYA S	Aiswariya S
11	22121011	ANGEL THERESA MARY S	Angel Theresa Mary S
12	22121012	ANU R	Anu R
13	22121013	ANUSHREE B	B. Anushree
14	22121014	ARCHANADEVI V	V. Archana Devi
15	22121015	ARUL JOTHI S	S. Arul Jothi
16	22121016	ARUTHRA V S	Aruthra V S
17	22121017	ASHIKA R	Ashika R
18	22121018	ATCHAYA M	Atchaya M

Comments

S.S.

N. Ceily  
21/10/2023  
HOD ic



# CAUVERY COLLEGE FOR WOMEN (AUTONOMOUS)

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## CRITERION II

## TOPICS DISCUSSED

TOPIC DISCUSSED : Artificial Intelligence  
 TUTOR : Ms. P. MURHUKAKSHMI  
 WARD : 23125001 - 23125018  
 DATE : 10.08.23

Description of the topic to be discussed: Artificial intelligence is a branch of computer science dedicated to creating computers and programs that can replicate human thinkings. It being used to develop new drugs and treatments, diagnose disease, and provide personalized care. Definitely this AI makes revolution in our society in future.

S.No	Register No	Name of the beneficiary	Signature
1	23125001	AARLINT REGINA S	S. Arlinda
2	23125002	ABITHA M	M. Abitha
3	23125003	BHAVANA A	A. Bhavana
4	23125004	BOOMIKA G	G. Boomika
5	23125005	CHARUMATHI E	E. Charumathi
6	23125006	DEEPIKA A	A. Deepika
7	23125007	DHANALAKSHMI A	A. Dhanalakshmi
8	23125008	GOPIKA A	A. Gopi
9	23125009	HARINI SREE B	B. Harini
10	23125010	HEMALAKSHMI R	R. Hemalakshmi
11	23125011	HEMAVARSHINI R	R. Hema varshini
12	23125012	HIBA FATHIMA M	M. Hiba fathima
13	23125013	INDUMALINI P S	S. Indumalini
14	23125014	JANANI M	M. Janani
15	23125015	JANANI R	R. Janani
16	23125016	JAYABHARATHI S	S. Jayabhargavi
17	23125017	JEEVITHA E	E. Jeevitha
18	23125018	JEEVITHA S	S. Jeevitha

### Comments

P. Murhukakshmi

N. Ceiba  
HOD/IC  
20/08/2023

**CRITERION II****TOPICS DISCUSSED**

TOPIC DISCUSSED : chat Gpt  
 TUTOR : Ms. P. MUTHULAKSHMI  
 WARD : 23125001 - 23125018  
 DATE : 14.12.23

Description of the topic to be discussed: chatGPT is a powerful AI language model that uses deep learning algorithms to generate human-like response to text-based queries. We can use chatgpt on code computer programs. In order to debugging the codes, summarize articles, Podcasts or presentations, and Solve the math problem. Definitely this chatgpt will enhance our intelligence.

S.No	Register No	Name of the beneficiary	Signature
1	23125001	AARLINT REGINA S	A. Arlinda
2	23125002	ABITHA M	M. Abitha
3	23125003	BHAVANA A	A. Bhavana
4	23125004	BOOMIKA G	G. Boomika
5	23125005	CHARUMATHI E	E. Charumathi
6	23125006	DEEPIKA A	A. Deepika
7	23125007	DHANALAKSHMI A	A. Dhanalakshmi
8	23125008	GOPIKA A	A. Gopi
9	23125009	HARINI SREE B	B. Harini
10	23125010	HEMALAKSHMI R	R. Hemalakshmi
11	23125011	HEMAVARSHINI R	R. Hemavarshini
12	23125012	HIBA FATHIMA M	M. Hibafathima
13	23125013	INDUMALINI P S	S. Indumalini
14	23125014	JANANI M	M. Janani
15	23125015	JANANI R	R. Janani
16	23125016	JAYABHARATHI S	S. Jayabharathi
17	23125017	JEEVITHA E	E. Jeevitha
18	23125018	JEEVITHA S	S. Jeevitha

Comments

P. Muthulakshmi

N. Ceily  
16/12/2023  
HOD i/c



# CAUVERY COLLEGE FOR WOMEN (AUTONOMOUS)

NAAC Accreditation III Cycle : A Grade (CGPA 3.41 out of 4)

Tiruchirappalli - 620018, Tamil Nadu, India

NAAC - Cycle IV SSR

## CRITERION II

## TOPICS DISCUSSED

TOPIC DISCUSSED : HUMAN COMPUTER INTERACTION

TUTOR : Ms.S.SARANYA

WARD : 22121001 - 22121018

DATE : 09-12-2023

Description of the topic to be discussed: Human-computer interaction (HCI) is a multidisciplinary field of study focusing on the design of computer technology and, in particular, the interaction between humans (the users) and computers. While initially concerned with computers, HCI has since expanded to cover almost all forms of information technology design.

S.No	Register No	Name of the beneficiary	Signature
1	22121001	AARTHI R	R. Arathi
2	22121002	AARTHI V	V. Arathi
3	22121003	ABARNA V	A. V
4	22121004	ABINAYA D	Abinaya D.
5	22121005	ABINAYA J	J. Abinaya
6	22121006	ABINAYA M	M. Abinaya
7	22121007	ABINAYA R	Abinaya Ramesh
8	22121008	ACHUTHA T	A. T
9	22121009	ADHMA PRIYA S	Adhmapriya
10	22121010	AISWARIYA S	Aiswariya S.
11	22121011	ANGEL THERASA MARY S	Angel S.
12	22121012	ANU R	R. Anu
13	22121013	ANUSHREE B	-AAA-
14	22121014	ARCHANADEVI V	V. Archanadevi
15	22121015	ARUL JOTHI S	-AAA-
16	22121016	ARUTHRA V S	V.S. Aruthra
17	22121017	ASHIKA R	A. R
18	22121018	ATCHAYA M	A. M

Comments

S.S.

N. Ceel  
HOD  
16/12/2023





CRITERION II

TOPICS DISCUSSED

PG AND RESEARCH DEPARTMENT OF ENGLISH

TOPIC DISCUSSED : Career Enrichment

TUTOR : Ms. C. Chithral

WARD : III BA English

DATE : 04-07-2023

Description of the topic to be discussed:

When we were kids, every one of us were thinking of being something or having specific job in the future. Many of us were thinking to be doctors, teachers, politician, pilot etc... But reaching these positions or get these jobs will not be easy without knowing what are we good at and what the areas that we want to improve ourselves. Having plan is always motivate us to study work and develop.

S.No	Register No	Name of the beneficiary	Signature
1	21102002	Akalya .U	Akalya .U
2	21102003	Bavani . R	Bavani . R
3	21102004	Bhavani . S	S. Bhavani
4	21102005	Dhanushiya . A	A. Dhanushiya
5	21102006	Divya . J	J. Divya
6	21102007	Durga . M	M. Durga
7	21102008	Ganguli Sudhakaravi . G	G. Ganguli Sudhakaravi
8	21102009	Gopika . K	K. Gopika
9	21102010	Harishoka Sri . S	S. Harishoka Sri
10	21102011	Hemalatha . M	M. Hemalatha
11	21102012	Jeevitha . B-I	B-I. Jeevitha
12	21102013	Kaviya . S	S. Kaviya
13	21102015	Loganayari . R	R. Loganayari
14	21102016	Maha . A	A. Maha
15	21102017	Maheswari . S	S. Maheswari
16	21102018	Mahona Bharathi . S	S. Mahona Bharathi
17	21102019	Monika . S	S. Monika
18	21102020	Nithyasri . A	A. Nithyasri

Comments

At the point of the career development, people of this stage feel that the values could create or conflict between choosing priorities in their work life and their home lives.

HOD

[Signature]

**PG & RESEARCH DEPARTMENT OF SOCIAL WORK**

Cauvery College for Women (Autonomous)

Department of social work

Mentor Mentee report

2023-2024

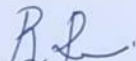
Name of the Mentor Ms. P.L. Rani


Topic Discussed: Class Room Behaviour;

Student to be punctual in all hour. Attend the Library hours regularly. Student get field work. Guidance properly

Date: 25/8/2023

S.No	Register No	Name of the Students	Class	Signature
1.	23103001	C.BAVADHARANI	I BSW	C.Bavadharani
2.	23103002	S.DEVADHARSHINI	I BSW	S.Devdharini
3.	23103003	M.DHAARANI	I BSW	M.Dhaarani
4.	23103004	P.DHANALAKSHMI	I BSW	P.Dhanalakshmi
5.	23103005	G.JANANI	I BSW	G.Janani
6.	23103006	I.KIRUTHIKA	I BSW	I.Kiruthika
7.	23103007	I.PREETHI KATHRIN	I BSW	I.Preethi Kathrin
8.	23103008	S.PRIYADHARSHINI	I BSW	S.Priyadharshini
9.	23103009	R.ROHINI	I BSW	R.Rohini
10.	23103010	R.P.SAADHANAA	I BSW	R.P.Saadhanaa
11.	23103011	A.PRIYAMALINI	I BSW	A.Priyamalini
12.	23103013	D.SWATHI	I BSW	D.Swathi
13.	21103001	AISHWARIYA.M	III BSW	Aishwariya.m
14.	21103003	G.HARINI	III BSW	G.Harini
15.	21103005	R.PRIYADARSHINI	III BSW	R.Priyadarshini
16.	21103006	RAMYA DEVIC	III BSW	C.Ramya Devi
17.	21103007	RUBIKA.S	III BSW	S.Rubika
18.	21103008	SARATHI.B	III BSW	B.Sarathi
19.	21103009	C.SWETHA	III BSW	C.Swetha

  
Signature of the Mentor

  
Signature of the HOD

**CRITERION II****TOPICS DISCUSSED****Cauvery College for Women (Autonomous)****Department of social work****Mentor Mentee report**

2023-2024

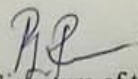
Name of the Mentor Mrs P.L. Rami

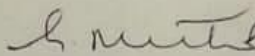
Topic Discussed: Media addiction

- \* Try to control the use of media.
- \* Use media for knowledge gaining purposes.

Date: 3/10/2023

S.No	Register No	Name of the Students	Class	Signature
1.	23103001	C.BAVADHARANI	I BSW	C. Bavadharani
2.	23103002	S.DEVADHARSHINI	I BSW	S. Devadharshini
3.	23103003	M.DHAARANI	I BSW	A.A.A
4.	23103004	P.DHANALAKSHMI	I BSW	P. Dhanalakshmi
5.	23103005	G.JANANI	I BSW	G. Janani
6.	23103006	I.KIRUTHIKA	I BSW	I. Kiruthika
7.	23103007	I.PREETHI KATHRIN	I BSW	Absent
8.	23103008	S.PRIYADHARSHINI	I BSW	S. Priyadharshini
9.	23103009	R.ROHINI	I BSW	R. Rohini
10.	23103010	R.P.SAADHANAA	I BSW	R. P. Saadhana
11.	23103011	A.PRIYAMALINI	I BSW	A. Priyamalini
12.	23103013	D.SWATHI	I BSW	D. Swathi
13.	21103001	AISHWARIYA.M	III BSW	Aishwariya M
14.	21103003	G.HARINI	III BSW	G. Harini
15.	21103005	R.PRIYADARSHINI	III BSW	R. Priyadarshini
16.	21103006	RAMYA DEVI.C	III BSW	C. Ramya Devi
17.	21103007	RUBIKA.S	III BSW	S. Rubika
18.	21103008	SARATHI.B	III BSW	B. Sarathi
19.	21103009	C.SWETHA	III BSW	C. Swetha

  
Signature of the Mentor

  
Signature of the HOD

**CRITERION II****TOPICS DISCUSSED****DEPARTMENT OF CHEMISTRY**

CLASS: II M.Sc CHEMISTRY

MENTOR: Dr. R.SUBBIA

TOPIC: DEVELOPMENT OF CAREER PATH

DATE: 17/07/2023

**DEVELOPMENT OF CAREER PATH**

- Start by setting clear goals.
- Identify your strength and interest.
- Seek opportunities for skill development.
- Make network with professionals in your field.
- Stay updated on industry trends.
- Continuously evaluate and adjust your goals as your career progresses.
- Explore new challenges to broaden your experience.
- Regularly update your resume.
- Don't hesitate to pursue further education if needed.

S.No.	REGISTER NUMBER	NAME OF THE STUDENT	SIGNATURE
1.	22218008	HELEN MARGRATTE A	A Helen Margratte
2.	22218009	HEMALATHA S	S. Hemalatha
3.	22218010	KARTHIGA A	A. Karthiga
4.	22218011	LOGAPRIYA G	G. Loga
5.	22218012	MEENALOCHINI R	R. Meenachi
6.	22218013	NALINI R	R. Nalini
7.	22218014	PADMAPRIYA M	M. Padmapriya
8.	22218016	PAVITHRA M	M. Pavithra
9.	22218017	PREETHIKA P	P. Preethika
10.	22218018	PRIYADHARSHINI D	D. Priyadharsini
11.	22218019	PUNITHA S	S. Punitha
12.	22218020	SATHANA J	J. Sathana
13.	22218021	SIVAPRIYA S	S. Sivapriya
14.	22218022	SIVASANKARI M	M. Sivasankari
15.	22218023	SOWMYA M	M. Sowmya
16.	22218024	SRILEKA C M	C.M. Srileka
17.	22218025	VISHALI S	S. Vishali
18.	22218026	RAMYA A	A. Ramya
19.	22218028	RAJALAKSHMI R	R. Rajalakshmi

Signature of the Mentor

Signature of the HOD

**CRITERION II****TOPICS DISCUSSED**

CLASS: III B.Sc. CHEMISTRY &amp; I M.Sc. CHEMISTRY

MENTOR: Dr. K. SHENBAGAM


TOPIC: DEVELOPMENT OF CAREER PATH


DATE: 17/07/2023

**DEVELOPMENT OF CAREER PATH**

- Start by setting clear goals.
- Identify your strength and interest.
- Seek opportunities for skill development.
- Make network with professionals in your field.
- Stay updated on industry trends.
- Continuously evaluate and adjust your goals as your career progresses.
- Explore new challenges to broaden your experience.
- Regularly update your resume.
- Don't hesitate to pursue further education if needed.

S.No.	REGISTER NUMBER	NAME OF THE STUDENT	SIGNATURE
1.	21118015	PARKAVI P	P. Parkavi
2.	21118016	RAGAVI K	K. Ragavi
3.	21118017	RAMYA N	N. R.
4.	21118018	SARVIYA S	S. Sarviya
5.	21118019	SATHYASRI T K	Tk. Sathyasri
6.	21118020	SOWMIYA P	P. Sowmya
7.	21118021	SUWASTHICA SRI R	R. Swasthica
8.	23218001	ABARNA S	S. Abarna
9.	23218002	AGALYA T	T. Agalya
10.	23218003	ARTHI K	K. Arthi
11.	23218004	BABY THIRISHA S	S. Baby Thirisha
12.	23218005	DIVYA P	P. Divya
13.	23218006	HUMAIRA SHAMAN J	J. Humaira
14.	23218007	JEYAPRIYA D	D. Jeyapriya
15.	23218008	KARTHIKA D	D. Karthika
16.	23218009	MOHANASUNDARI P	P. Mohanasundari
17.	23218010	MONISHA M	M. Monisha
18.	23218011	NIVETHA S	S. Nivetha

  
Signature of the Mentor

  
Signature of the HOD

**CRITERION II****TOPICS DISCUSSED**

CLASS: I BSc. CHEMISTRY

MENTOR: Dr. P. PUNGAYEE ALIAS AMIRTHAM

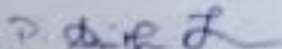
TOPIC: DEVELOPMENT OF CAREER PATH

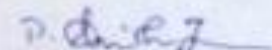
DATE: 17/07/2023

**DEVELOPMENT OF CAREER PATH**

- Start by setting clear goals.
- Identify your strength and interest.
- Seek opportunities for skill development.
- Make network with professionals in your field.
- Stay updated on industry trends.
- Continuously evaluate and adjust your goals as your career progresses.
- Explore new challenges to broaden your experience.
- Regularly update your resume.
- Don't hesitate to pursue further education if needed.

S. No.	REGISTER NUMBER	NAME OF THE STUDENT	SIGNATURE
1.	23118001	ABINAYA S	S. Abinaya
2.	23118002	ANITHA PRINCY A	A. Anitha Princy
3.	23118003	BAVADHEARANI D	D. Bavadhearani
4.	23118004	DALINI R	Dalini R.
5.	23118006	DHANALAKSHMI R	Dhanalakshmi R.
6.	23118007	DURGA DEVI K	K. Durga Devi
7.	23118008	GAYATHIRI M	M. Gayathiri
8.	23118009	GUNAMALLIKA S	S. Gunamallika
9.	23118010	HARINI M	Harni. M.
10.	23118011	KEERTHANA A	A. Keerthana
11.	23118012	KEERTHANA V	V. Keerthana
12.	23118013	MANISHA C	C. Manisha
13.	23118014	MOHANATHARINI P	P. Mohanatharini
14.	23118016	NIRMALAMARY P	Nirmala Mary P.
15.	23118017	PAVITHRA G	Pavithra G
16.	23118018	SALINI B	B. Salini
17.	23118019	SUBALAKSHMI P	P. Subalakshmi
18.	23218020	SUBASREE N	N. Subasree

  
Signature of the Mentor

  
Signature of the HOD

**TOPICS DISCUSSED 2022-2023****PG & RESEARCH DEPARTMENT OF COMMERCE****Topic Discussed** : Moral Values and Ethical Principles in Students Life**Class and Section** : I M.Com**DATE** : 18.01.2023**TUTOR** : DR. S. SHAMEEM**Description of the topic to be discussed:**

Moral values are the key components of a person's character. They are personality traits guiding people to make decisions and judgements according to their own sense of what is right and wrong, based on collective and individual experiences. While moral values are essential in whatever stage of life we are in, the values that most adults have are the ones that were instilled in us during our childhood. They form the fundamentals in any student's life. It is said that students are the future of India, and this future of our country depends greatly upon the values imparted to them during their student life. Moral values pave the path for all their decisions in life, as without these values, children do not have any guidance and their life may seem directionless. In order to be accepted and respected by society, parents and caregivers should make sure of imbibing these strong moral values in children as a lifestyle itself.

S. No.	Register No.	Name of the beneficiary	Signature
1	22211014	KAVIYA K	k. kaviya
2	22211016	KEERTHANA R	R. keethana
3	22211017	LATHA MAHESWARI S	S. latha
4	22211019	MADHUNISHA A	A. madhunisha
5	22211020	MAHALAKSHMI D	D. Mahalakshmi
6	22211021	MAHALAKSHMI R	R. Mahalakshmi
7	22211022	MUTHU SRI P	P. Muthusri
8	22211023	NISHITHA M	Nishitha. M
9	22211024	NIVETHIKA R	NIVETHIKA R
10	22211025	RADHIKA S	Radhika S
11	22211026	RAKSHANA R	R. Rakshana
12	22211027	RESHMA M	Reshma M
13	22211028	SAMRITHA P	Samritha P
14	22211029	SHANMUGAPRIYA A	Shanmuga
15	22211030	SUBHAMARISWARI M	M. subhamariswari
16	22211031	SUJI NIVETHA S	S. Suji nivetha
17	22211032	VIMALA V	V. Vij
18	22211035	KALPANA P	Kalpana. P

**Comments** : Moral values help in boosting <sup>on</sup> ~~low~~ self ~~and~~ confidence and help us to stay positive in difficult situations.

N. Santh  
Signature of the HOD

S. Shameem

**CRITERION II****TOPICS DISCUSSED****Topic Discussed** : Environment Conservation (problems and solutions)**Tutor** : Dr. P. KAVITHA**Ward** : III B.COM CA (20112012 - 20112029)**DATE** : 15.03.2023**Description of the topic to be discussed:**

Environmental Conservation is the practice of preserving the natural world to prevent it from collapsing as a result of human activities, such as unsustainable agriculture, deforestation and burning fossil fuels.

**Problems to the environmental issue:**

Climate change, Poverty, Gender inequality, Fluorinated gases used in refrigerants, Oil spills, Wasted natural Resources, Plastic pollution, Food waste, Deforestation, Ocean acidification

**Solutions to the environmental issue:**

1. Replace disposal items with reusable items. 2. The use of paper should be avoided. 3. Conserve water and electricity. 4. Support environmentally friendly practices. 5. Recycle waste to conserve natural resources. Thus, it can be concluded that green innovation may be the most important environmental solution. People around the world are working on new technologies and the solution that could revolutionize the way we look at energy and waste.

S. No.	Register No.	Name of the beneficiary	Signature
1.	20112012	DHEEKSHITHA R	Dheekshitha R
2.	20112013	DHIVYA DHARSHINI P	Dhivya Dharshini P.
3.	20112014	DIVYA A	Divya A.
4.	20112015	GAJAPRIYA V	Gajapriya V.
5.	20112016	GOBIKA R	Gobika R.
6.	20112017	GOWTHAMI R	Gowthami R.
7.	20112018	GUNAVARSHNI A	Guna varshini A.
8.	20112019	HARITHA V	Haritha V.
9.	20112020	HARSHINI A	Harshini A.
10.	20112021	HEMALATHA S	Hemalatha S.
11.	20112022	JANANI C	Janani C.
12.	20112023	JEEVITHA T	Jeevitha T.
13.	20112024	KAMATSHI MADHUMITHA	Kamatshimadhumitha
14.	20112025	KAMINI M	Kamini M.
15.	20112026	KARISHMA S	Karishma S.
16.	20112027	KAVIYA M	Kavya M.
17.	20112028	KEERTHANA M	Keethana M.
18.	20112029	KIRTHIKA J	Kirthika J.

**Comments** It was an useful session regarding on Environment Conservation

N. Sanku  
Signature of the HOD



**CRITERION II****TOPICS DISCUSSED****Topic Discussed** : Moral Values and Ethical Principles in Students Life**Tutor** : D.RAMYA**Ward** : II B.COM A (21111035- 21111053)**Date** : 18.01.2023**Description of the topic to be discussed:**

Moral values are an integral part of what makes us human. It helps an individual choose for himself between right and wrong or good and bad. Moral values also help in shaping students' attitudes and beliefs towards various aspects of life and provide them with a unique perspective. They may also help in boosting their self confidence and help them stay positive in difficult situations.

Students should learn about Respect, Adjusting and Compromising, Helping Mentality, Respecting Religion, Justice, Honesty, Never Hurt Anyone and Equality. It can be concluded that absolutely important to teach moral values in students because it is then that they take their first steps towards life, and it matters that they do it right. These moral values shape their attitudes, beliefs, and ideas and help them develop into undeterred and morally strong individuals.

S. No.	Register No.	Name of the beneficiary	Signature
1.	21111035	BOOMIGA S	Boomiga S
2.	21111036	BOOMIKA T	Boomika T
3.	21111037	BUVANA.M	Buvana M
4.	21111038	CHARULATHA R	Charulatha R
5.	21111039	CHOWNDHARIYA E	Chowndhariya E
6.	21111040	DEEPADHARSHINI A	Deepadharshini A
7.	21111041	DEEPALAKSHMI M	Deepalakshmi M
8.	21111042	DEEPA SREE B M	Deepa Sree B M
9.	21111043	DEEPIKA K	Deepika K
10.	21111044	DEVADHARSHINI M	Devadharshini M
11.	21111045	DEVADHARSHNI A	Devadharshni A
12.	21111046	DEVI BALA S	Devi Bala S
13.	21111047	DHAKSHANA V	Dhakshana V
14.	21111049	DHANUSHMA N	Dhanushma N
15.	21111050	DHANUSYAA S	Dhanusyaa S
16.	21111051	DHARANISHA S	Dharanisha S
17.	21111052	DHARSHINI C	Dharshini C
18.	21111053	DHARSHINI D	Dharshini D

**Comments**

We came to know the values regarding the moral stories which help to boosting their self confidence of ourselves.

N Sankr  
Signature of the HOD



CRITERION II

TOPICS DISCUSSED

**Topic Discussed** : Digital Career Opportunities  
**Tutor** : S. J. SUREYA  
**Ward** : II B.COM D (21111243 – 21111261)  
**DATE** : 10.02.2023

**Description of the topic to be discussed:**

The sector of commerce is expanding daily, with new work prospects flooding the market and employment rates rising globally. Getting a great salary at their desired university is a dream of any student. The best way to make that a possibility is to get one of the market's top-salary jobs. One of the most motivational factors for students finding a career, apart from job satisfaction, is the money involved. As a Commerce student, you would like to follow a professionally and socially satisfying career area, which would also include a high-paying job that helps you to lead a comfortable lifestyle. Digital jobs generally include performing information-based tasks that build the individual's capacity for future work.

Job opportunities in digital marketing Digital Marketing Executive, Content Writer, SEO Expert, Social Media Marketing Jobs, Web developer, Content Marketing Manager, etc., are some of the jobs that digital marketing offers us. Reasons To Choose Digital Marketing as A Career: No Specific Education required, Exposure, Fast Growing, Decent Income Opportunities, Freelance, Opportunities, Flexibility, Entrepreneurship. Thus, it can be said that, Digital marketing is a career that requires a lot of hustle and hard work. This career is only for those who are passionate about digital marketing things.

S. No.	Register No.	Name of the beneficiary	Signature
1.	21111243	VAISHNAVI T	L. Vaishnavi
2.	21111244	VANITHA B	B. Vanitha
3.	21111245	VANITHA SHREE R	R. Vanitha Shree
4.	21111246	VARSHA B	B. Varsha
5.	21111247	VARSHA C	C. Varsha
6.	21111248	VARSHA M	M. Varsha
7.	21111249	VARSHA S	S. Varsha
8.	21111250	VARSHA S	K. S. Varsha
9.	21111251	VENMUHIL K	K. Venmuhil
10.	21111252	VIJAYALAKSHMI J	J. Vijayalakshmi
11.	21111253	VINISHA S	S. Vinisha
12.	21111254	VISHALI J	J. Vishali
13.	21111255	VISHNU PRIYA B	B. Vishnu priya
14.	21111256	YOGADHARSHINI S	S. Yogadharsini
15.	21111257	YOGALAKSHMI K	K. Yogalakshmi
16.	21111259	YOGALAKSHMI S	S. Yogalakshmi
17.	21111260	YOGESHWARI E	E. Yogeshwari
18.	21111261	YUVARANI R	R. Yuvarani

**Comments**

The session was very informative to know about the job opportunities in digital field. The discussion motivated us to enhance our digital knowledge.  
 N. Santhi  
 Signature of the HOD



CRITERION II

TOPICS DISCUSSED

DEPARTMENT OF INFORMATION TECHNOLOGY

**TOPIC DISCUSSED :** Social Service  
**TUTOR :** Dr.M.PARVEEN  
**WARD :** I BSC IT  
**DATE :** 08-09-2022

Description of the topic to be discussed

The term social service refers to a large range of public services aimed at improving the social conditions of the public and providing assistance to downgraded groups and communities. Social Service is the work done by individuals for the benefit of the society. It should be aimed to promote social change or a development in the society. It includes the principles based on social justice, human rights, and the responsibility of each citizen with respect to the diverse social culture of the country.

Social services are essential to the well-being of any community, as they help to address a wide range of social issues and improve the overall quality of life of its members. Addressing basic needs: Social services help to meet the basic needs of community members, such as food, shelter, healthcare, and education. This can help to reduce poverty, improve health outcomes, and enhance educational opportunities for people.

Promoting community safety: Social services can help to promote public safety by providing support to individuals who are experiencing domestic violence, homelessness, or other forms of harm. By working to prevent and address these issues, social services can help to create a safer and more secure community for everyone.

Fostering social inclusion: Social services can also help to foster social inclusion by supporting individuals and groups who may be marginalized or disadvantaged. This can include providing services to people with disabilities, older adults, or immigrant communities, as well as addressing issues related to race, gender, and other forms of discrimination.

S.No	Register No	Name of the beneficiary	Signature
1	22123021	M. R. HARI DHARSINI	HariDharsini
2	22123042	S. REVATHI	Revathi
3	22123025	M. KAVIYA	M.Kaviya
4	22123052	B. ASHVA	B.Ashva
5	22123006	V. AGALYA	V.Agalya
6	22123055	R. DHARSHINI	R.Dharshini

Comments

This session was very useful and helpful.

**CRITERION II****TOPICS DISCUSSED****DEPARTMENT OF BIOTECHNOLOGY**

CLASS : II B. Sc., BIOTECHNOLOGY  
 MENTOR : Dr. M. KEERTHIGA  
 TOPIC : MOTIVATION FOR CAREER DEVELOPMENT  
 DATE : 13. 02. 2023

**MOTIVATION FOR CAREER DEVELOPMENT**

- Career education helps students to develop the skills that are essential to achieve potential career and also determine the students' future by providing them with their dream job with job satisfaction.
- Encouraging students to take different self-assessment tests and allowing them to evaluate and identify their personalities, strengths and weakness that fit for career & motivating them to improve where they lack.
- Also motivating them to explore and utilize opportunities in industries, research institutions and job sectors for career development.

S. No.	REGISTER NUMBER	NAME OF THE STUDENT	SIGNATURE
1	21120015	S.KEERTHANA	S. Keerthana
2	21120017	T.KRUTHIKA	T. Kruthika
3	21120018	I.LOGA PRIYA	I. Loga Priya
4	21120019	S.MITHILA	S. Mithila
5	21120020	B.NISHA DEVI	B. Nisha Devi
6	21120021	C.S.PADMAPRIYA	C.S. Padmapriya
7	21120022	K.PRIYADHARSHINI	K. Priyadharsini
8	21120023	R.RAMYA	R. Ramya
9	21120024	B.RESHMA PARVEEN	B. Reshma Parveen
10	21120025	S.SAMEENA	S. Sameena
11	21120026	S.SANDHIYA	S. Sandhya
12	21120027	S.SARAL EPHSIBA	S.SARAL EPHSIBA
13	21120029	S.SHARMILI	S. Sharmili
14	21120030	B.SIVARUBINI	B. Sivarubini
15	21120031	K.SNEHA	K. Sneha
16	21120032	N.SUBA SRIEE	N. Subasree
17	21120033	C.SUBANU	C. Subanu
18	21120034	S.THENMOZHI	S. Thenmozhi
19	21120035	R.T.VANI SREE	R.T. Vani Sree
20	21120036	R.YOGA	R. Yoga

SIGNATURE OF THE MENTOR

SIGNATURE OF THE HOD

**CRITERION II****TOPICS DISCUSSED**

CLASS : II B.Sc., BIOTECHNOLOGY  
 MENTOR : Dr. M. KEERTHIGA  
 TOPIC : WOMEN PROTECTION  
 DATE : 23.01.2023

**WOMEN PROTECTION**

- > Women in India have to face a lot of issues such as gender discrimination, harassment, sexual abuse, dowry-related harassment and much more.
- > Our Constitution provides exclusive rights to women for their protection and development.
- > Discussion about government initiatives for safety of women and girls such as Ministry of Home Affairs has Police Volunteers in States who will act as a link between police and community and facilitate women in distress.

S. No.	REGISTER NUMBER	NAME OF THE STUDENT	SIGNATURE
1	21120015	S.KEERTHANA	S. Keerthana
2	21120017	T.KRUTHIKA	T. Kruthika
3	21120018	I.LOGA PRIYA	I. Loga Priya
4	21120019	S.MITHILA	S. Mithila
5	21120020	B.NISHA DEVI	B. Nishadevi
6	21120021	C.S.PADMAPRIYA	C.S. Padmapriya
7	21120022	K.PRIYADHARSHINI	K. Priyadharsini
8	21120023	R.RAMYA	R. Ramya
9	21120024	B.RESHMA PARVEEN	B. Reshma Parveen
10	21120025	S.SAMEENA	S. Sameena
11	21120026	S.SANDHIYA	S. Sandhya
12	21120027	S.SARAL EPHSIBA	S. SARAL EPHSIBA
13	21120029	S.SHARMILI	S. Sharmili
14	21120030	B.SIVARUBINI	B. Sivarubini
15	21120031	K.SNEHA	K. Sneha
16	21120032	N.SUBA SRIEE	N. Suba Sree
17	21120033	C.SUBANU	C. Subanu
18	21120034	S.THENMOZHI	S. Thenmozhi
19	21120035	R.T.VANI SREE	R.T. Vani Sree
20	21120036	R.YOGA	R. Yoga

*M. Keerthiga*  
 SIGNATURE OF THE MENTOR

*R. Per...*  
 SIGNATURE OF THE HOD

**CRITERION II****TOPICS DISCUSSED****DEPARTMENT OF CHEMISTRY**

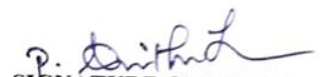
**CLASS** : III B. Sc CHEMISTRY  
**MENTOR** : DR. C. RAJARAJESWARI  
**TOPIC** : MOBILE PHONE ADDICTION  
**DATE** : 26. 07. 2022

**MOBILE PHONE ADDICTION**

- > Mobile phones cause isolation in people.
- > Excessive usage of mobile phones causes wastage of valuable time.
- > Leads to physical and psychological effects.
- > Distraction from mobile usage such as motivation to do physical activities.

S. No.	Register	Name of the Student	Signature
1	20118037	R. SASIREKA	R. Sasireka
2	20118038	M SATHIYA PRIYA	M. Sathiya Priya
3	20118039	V. SHAKTHI	V. Shakthi
4	20118040	A. SHANTHINI	A. Shanthini
5	20118041	M. SHOBANA MARY	M. Shobana Mary
6	20118042	S. SHUSHMA	S. Shushma
7	20118043	P. SINDUJA	P. Sinduja
8	20118044	S. SIVAGAMI	S. Sivagami
9	20118045	G. SOUNDARYA	G. Soundarya
10	20118046	S. SUGANYA	S. Suganya
11	20118047	E. SUSHMITHA	E. Sushmitha
12	20118048	G. SWATHI	G. Swathi
13	20118049	K. SWETHA	K. Swetha
14	20118050	T. TAMILARASI	T. Tamilarasi
15	20118051	S. THRISHA	S. Thrisha
16	20118052	K. UMARANI	K. Umarani
17	20118053	V. VIJINITHA	V. Vijnitha

  
SIGNATURE OF THE MENTOR

  
SIGNATURE OF THE HOD

**CRITERION II****TOPICS DISCUSSED**

**CLASS : III B.Sc., CHEMISTRY**  
**MENTOR : DR. C. RAJARAJESWARI**  
**TOPIC : SELF DISCIPLINE**  
**DATE : 17. 08. 2022**

**SELF-DISCIPLINE**

- > Power to achieve your goal.
- > Feeling of being control your feel
- > Helps you stick to your decisions and not lose sight of your goals
- > Helps you accomplish goals
- > Self-control and inner strength
- > Gives you the ability to not give up

S. No.	Register Number	Name of the Student	Signature
1	20118037	R. SASIREKA	R. Sasireka
2	20118038	M SATHIYA PRIYA	M. Sathya Priya
3	20118039	V.SHAKTHI	V. Shakti
4	20118040	A. SHANTHINI	A. Shanthini
5	20118041	M.SHOBANA MARY	M. Shobana Mary
6	20118042	S. SHUSHMA	S. Shushma
7	20118043	P. SINDUJA	P. Sinduja
8	20118044	S. SIVAGAMI	S. Sivagami
9	20118045	G. SOUNDARYA	G. Soundarya
10	20118046	S. SUGANYA	S. Suganya
11	20118047	E. SUSHMITHA	E. Sushmitha
12	20118048	G. SWATHI	G. Swathi
13	20118049	K. SWETHA	K. Swetha
14	20118050	T. TAMILARASI	T. Tamarasi
15	20118051	S. THRISHA	S. Thrisha
16	20118052	K. UMARANI	K. Umarani
17	20118053	V.VIJINITHA	V. Vijinitha

*C. Rajarajeswari*  
**SIGNATURE OF THE MENTOR**

*P. Anitha*  
**SIGNATURE OF THE HOD**

**CRITERION II****TOPICS DISCUSSED**

**CLASS** : III B.Sc., CHEMISTRY  
**MENTOR** : DR. C. RAJARAJESWARI  
**TOPIC** : TIME AND ENERGY MANAGEMENT  
**DATE** : 31. 09. 2022

**TIME AND ENERGY MANAGEMENT**

- Keep a planner or an agenda to do the task in every week
- Set Your priorities to maximize success
- Work smarter, not harder"
- Time management reduce the stress on work,
- Helpful for better work – life balance
- Effective time management increases your focus and improves your productivity.

S. No.	Register Number	Name of the Student	Signature
1	20118037	R. SASIREKA	R. Sasireka
2	20118038	M SATHIYA PRIYA	M. Sathya Priya
3	20118039	V SHAKTHI	V. Shakthi
4	20118040	A. SHANTHINI	A. Shanthi
5	20118041	M SHOBANA MARY	M. Shobana Mary
6	20118042	S. SHUSHMA	S. Shushma
7	20118043	P. SINDUJA	P. Sinduja
8	20118044	S. SIVAGAMI	S. Sivagami
9	20118045	G. SOUNDARYA	G. Soundarya
10	20118046	S. SUGANYA	S. Suganya
11	20118047	E. SUSHMITHA	E. Sushmitha
12	20118048	G. SWATHI	G. Swathi
13	20118049	K. SWETHA	K. Swetha
14	20118050	T. TAMILARASI	T. Tamarasi
15	20118051	S. THRISHA	S. Thrisha
16	20118052	K. UMARANI	K. Umari
17	20118053	V VIJINITHA	V. Vijnitha

  
SIGNATURE OF THE MENTOR

  
SIGNATURE OF THE HOD





CRITERION II

TOPICS DISCUSSED

PG & RESEARCH DEPARTMENT OF COMPUTER SCIENCE

TOPIC DISCUSSED : Emotional conflict  
 TUTOR : Ms. K. Pradeepa  
 WARD : 20121027-20121032, 20121034-20121039,  
 20121041-20121048  
 DATE : 15-03-2023

Description of the topic to be discussed:

Emotional conflicts and the intervention of the unconscious are the classical features of medical psychology. Equally the concept conflict is amplified by Freud's theory and the other is central in contemporary theories of mental disorder in children particularly with respect to the development of psychoneurosis.

S.No	Register No	Name of the beneficiary	Signature
1	20121027	DHARSHINI:D	D. Dharshini
2	20121028	DHARSHINI:T	T. Dharshini
3	20121029	DHIVYA BHARATHY:R	R. Dhivya
4	20121030	DIVYA:G	G. Divya
5	20121031	DIVYA:T	T. Divya
6	20121032	ELAKKIYA:G	G. Elakkiya
7	20121034	FIROSE:S	S. Firose
8	20121035	GIYATHRI:S	S. Giyathri
9	20121036	GIRLVARSHINI:A	A. Girlvarshini
10	20121037	GANNA GOLUBALYA:K	K. Ganna Golubalya
11	20121038	HARINI:M	M. Harini
12	20121039	HARI PRIYA:T	T. Hari Priya
13	20121041	HENA DHARSHINI:S	S. Henadharshini
14	20121042	HEMALATHA:A	A. Hemalatha
15	20121043	HEMALATHA:G	G. Hemalatha
16	20121044	INDUJA:P	P. Induja
17	20121045	ISHWARYA:G	G. Ishwarya
18	20121046	TSUARVA:S	S. Tsuarva
19	20121047	JAFFRIN SHIFANA:S	S. Jaffrin
20	20121048	JANANI:A:S	S. Janani

Comments

N. Ceila  
 HOD/IC



# CAUVERY COLLEGE FOR WOMEN (AUTONOMOUS)

NAAC Accreditation III Cycle : A Grade (CGPA 3.41 out of 4)

Tiruchirappalli - 620018, Tamil Nadu, India

NAAC - Cycle IV SSR

## CRITERION II

## TOPICS DISCUSSED

TOPIC DISCUSSED : CRYPTO CURRENCY

TUTOR : MRS. G. SOJATHA

WARD : 21121044-21121063

DATE : 17.03.2023

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Description of the topic to be discussed:

Cryptocurrency is a digital currency that employs cryptography and encryption to secure and validate its transactions. It doesn't have any central entity like a bank to verify transaction instead they rely on a peer-to-peer system, meaning anyone, anywhere can send and receive payments securely. Eg: Bitcoin.

S.No	Register No	Name of the beneficiary	Signature
1	21121044	ARTHIKA R	R. Arthika
2	21121045	PRATHISHA K	K. Prathisha
3	21121046	PRAVEENA S	S. Praveena
4	21121047	PRIYA S	S. Priya
5	21121048	FRIYADHARSHINI T	T. Priyadharshini
6	21121049	RAHAVARDHINI P	P. Rahavardhini
7	21121050	RAJESWARI S	S. Rajeswari
8	21121051	RAKSHAYA SREE R	R. Rakshaya Sree
9	21121052	RANJANI K	K. Ranjani
10	21121053	RANJITHA E	E. Ranjitha
11	21121054	REKHA A	A. Rekha
12	21121055	RENGA S	S. Renga
13	21121056	ROSHINI M	M. Roshini
14	21121057	SARANA JASMINE T	T. Sarana Jasmine
15	21121058	SANGANI S	S. Sangani
16	21121059	SANTHIA S	S. Santhia
17	21121060	SANTHOSHINI R	R. Santhoshini
18	21121061	SHERINA	A. Sherina
19	21121062	SINDHANAT	T. Sindhana
20	21121063	SIVA SNEHA P	P. Sivasneha

Comments

N. Ceila  
HOD/c 17/3/23



CRITERION II

TOPICS DISCUSSED

PG AND RESEARCH DEPARTMENT OF MATHEMATICS

**TOPIC DISCUSSED** : Moral Values and Ethical Principles in Students Life  
**TUTOR** : Dr. G. Janaki  
**WARD** : III B.Com ' A ' Section  
**DATE** : 18.01.2023

**Description of the topic to be discussed:**  
Moral values play an essential role in any student's life. They help build a positive character with traits such as compassion, respect, kindness, and humility. They can make students distinguish between right and wrong or good and bad.

- > It Helps in Strong Character Building
- > It Helps in Distinguishing Right from Wrong
- > Boost Self-Confidence and Positivity
- > Shapes Attitudes, Beliefs and Determines Their Adult Behavior
- > Serves As a Support in Tough Situations

Thus, it can be concluded that  
Moral values are the building blocks of personality that help in building the better character of people. It is absolutely important to teach moral values in students because it is then that they take their first steps towards life, and it matters that they do it right. These moral values shape their attitudes, beliefs, and ideas and help them develop into undeterred and morally strong individuals.

S.No	Register No	Name of the beneficiary	Signature
1	20111061	Gayathri Devi K	G. Gayathri Devi
2	20111062	Gayathri G	G. Gayathri
3	20111063	Gayathri K	R. Gayathri
4	20111064	Gokulapriya K	Gokulapriya K
5	20111065	Gokulapriya R	Gokulapriya R
6	20111066	Gowika T	T. Gowika
7	20111067	Gunasalini M	M. Gunasalini
8	20111068	Hazidha Mohamed Farook M	M. Hazidha
9	20111069	Hamsavasitra K	Hamsavasitra K
10	20111070	Harini C	C. Harini
11	20111071	Harini R	R. Harini
12	20111072	Harini T	T. Harini
13	20111073	Harini Yugitha M	M. Harini Yugitha
14	20111074	Haripriya S	S. Haripriya
15	20111075	Haritha S	S. Haritha
16	20111076	Harshini R	R. Harshini
17	20111077	Harshini V	V. Harshini
18	20111078	Harshitha S	S. Harshitha

**Comments:** It was an eye opening discussion about moral values and Ethical principles in Students life. we should develop good character attitude and behaviour.

S. Pr  
Head of the Department



CRITERION II

TOPICS DISCUSSED

**TOPIC DISCUSSED** : Environmental Conservation(Problems and Solutions)  
**TUTOR** : Dr. G. Janaki  
**WARD** : III B. Com 'A' Section  
**DATE** : 15.03.2023

Description of the topic to be discussed:

Environmental Conservation is the practice of preserving the natural world to prevent it from collapsing as a result of human activities, such as unsustainable agriculture, deforestation and burning fossil fuels.

Problems to the environmental issue:

- Climate change and Poverty
- Gender inequality and Fluorinated gases used in refrigerants
- Oil spills and Wasted natural Resources
- Plastic pollution and Food waste
- Deforestation and Ocean acidification

Solutions to the environmental issue:

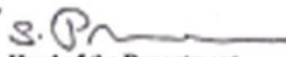
- Replace disposal items with reusable items.
- The use of paper should be avoided.
- Conserve water and electricity.
- Support environmentally friendly practices.
- Recycle waste to conserve natural resources.

Thus, it can be concluded that green innovation may be the most important environmental solution. People around the world are working on new technologies and the solution that could revolutionize the way we look at energy and waste.

S.No	Register No	Name of the beneficiary	Signature
1	20111061	Gayatri Devi K	G. Gayatri Devi
2	20111062	Gayatri G	G. Gayatri
3	20111063	Gayatri K	K. Gayatri
4	20111064	Gokulapriya K	Gokulapriya K
5	20111065	Gokulapriya R	Gokulapriya R
6	20111066	Gowsika T	T. Gowsika
7	20111067	Gunasalini M	M. Gunasalini
8	20111068	Hasidha Mohamed Farook M	M. Hasidha Mohamed Farook
9	20111069	Hamsavastha K	K. Hamsavastha
10	20111070	Harini C	C. Harini
11	20111071	Harini R	R. Harini
12	20111072	Harini T	T. Harini
13	20111073	Harini Yugitha M	M. Harini Yugitha
14	20111074	Haripriya S	S. Haripriya
15	20111075	Haritha S	S. Haritha
16	20111076	Harshini R	R. Harshini
17	20111077	Harshini V	V. Harshini
18	20111078	Harshitha S	S. Harshitha

Comments:

The discussion on environmental conservation made us to realize the importance of environmental conservation. The practice we want change and develop is learn from the session.

  
 Head of the Department



# CAUVERY COLLEGE FOR WOMEN (AUTONOMOUS)

NAAC Accreditation III Cycle : A Grade (CGPA 3.41 out of 4)

Tiruchirappalli - 620018, Tamil Nadu, India

NAAC - Cycle IV SSR

## CRITERION II

## TOPICS DISCUSSED

<b>TOPIC DISCUSSED</b>	: Tips for Staying Safe on Social Media		
<b>TUTOR</b>	: Dr.V.Geetha		
<b>WARD</b>	: H M.Sc Mathematics		
<b>DATE</b>	: 25.3.2023		
<b>Description of the topic to be discussed</b>			
<ol style="list-style-type: none"> <li>1. Realize All Online Activity Leaves a Trace and Review Before Posting: The internet is like an elephant – it never forgets. While spoken words leave little trace and are quickly forgotten, written words endure in the online environment. Whatever you post, tweet, update, share has the potential to be captured by someone, somewhere, without your knowledge.</li> <li>2. Know That Every Tweet is Archived. Every time you use Twitter, the government keeps a copy of your tweets. Sounds crazy, but it's true.</li> <li>3. Be Wary of Geo Location Services. Be cautious about using geo-location services which shares where you're at.</li> <li>4. Separate Work and Family. Keep your family safe. Don't let yourself be tagged in events, activities or photos that may reveal personal details about your life.</li> <li>5. Don't List Birth Year. Using the month and day are acceptable, but adding the year provides an opportunity for identity theft.</li> </ol>			
<b>S.No</b>	<b>Register No</b>	<b>Name of the beneficiary</b>	<b>Signature</b>
1	21216020	KAVIYA B	S. Kaviya
2	21216021	KEERTHANA R	R. Keerthana
3	21216023	KRISHNAVENI M	M. Krishnaveni
4	21216024	LAKSHMI PRIYA M	M. Lakshmi Priya
5	21216025	MADHUMITHA D	D. Madhumitha
6	21216026	MARAGATHA DHARSHINI S	S. Maragatha
7	21216027	MATHUMITHA R	R. Mathumitha
8	21216028	MEENA S A	S. Meena
9	21216029	MONICA JOYCY J	J. Monica Joycy
10	21216030	NANDHINI C	C. Nandhini
11	21216031	NAVEENA G	G. Naveena
12	21216032	PAVITHRA FLORA D	D. Pavithra
13	21216033	POORANI K	K. Poorani
14	21216034	RAGAVI D	D. Ragavi
15	21216035	RAJINI J	J. Rajini
16	21216036	SANGAVI S	S. Sangavi
17	21216037	SHAKIN BANU M S	M.S. Shakini
18	21216038	SHILPA MARY P	P. Shilpa

Comments: 1. This session is very useful to me because I came to know what are the disadvantages in social media  
 2. This session help me in get aware of safety on social media

S.P. Prasad  
Head of the Department



CRITERION II

TOPICS DISCUSSED

DEPARTMENT OF BUSINESS ADMINISTRATION

**TOPIC DISCUSSED :** Gender Income inequality  
**TUTOR :** Dr.J.Tamilselvi  
**WARD :** III BBA "A"  
**DATE :** 14.07.2022

**Description of the topic to be discussed:**  
 The above topic was discussed on 14.09.2022 at 12.30 pm to 1.00pm. discussion went on with the topics like Differences in pay between men and women, among many possible dimensions like workers education, experience and occupation. There was a good response among the mentees

S.No	Register No	Name of the beneficiary	Signature
1	20104001	AARTHI G	G. Arathi
2	20104002	AARTHI S	S. Arathi
3	20104003	ABINAYA S	S. Abinaya
4	20104004	AJITHA A	A. Ajitha
5	20104005	AKSHAYA R S	R. Akshaya
6	20104006	AKTHAR ZABEEN J	A. Akthar
7	20104007	ANTHA S	S. Antha
8	20104008	ARTHI D	D. Arthi
9	20104009	ASMA RASMI A	A. Asma Rasmi
10	20104010	ASMITHA N	N. Asmitha
11	20104011	BHARATHI P	P. Bharathi
12	20104012	BHAVANI R	R. Bhavani
13	20104013	BHUVANASHREE R	R. Bhuvanashree
14	20104014	BHUVANESHWARI S	S. Bhuvaneshwari
15	20104015	BOOMIKA M	M. Boomika
16	20104016	DEEPIKA N	N. Deepika
17	20104017	DEEPIKA S	S. Deepika
18	20104018	DHANASHREE V	V. Dhanaashree
19	20104019	DIVYA N	N. Divya
20	20104020	DURGA S	S. Durga

**Comments**  
 Above discussed topic was very useful to the Students they we've gained knowledge on that topic Gender income inequality  
 J. Jithul  
 HOD



CRITERION II

TOPICS DISCUSSED

TOPIC DISCUSSED : Career Advancement Barriers

TUTOR : Dr.S.ThamaraiSelvi

WARD : III BBA "A"

DATE : 28.07.22

Description of the topic to be discussed:

The above topic was discussed on 10.03.22 at 10.30 pm - 1.00pm. By examining and developing awareness of these barriers, you may be also able to increase your chances of progressing further along your chosen career path (i.e) stress and burnout, lack of confidence, an inability to communicate and lack of adaptability attitude. There was a good response among the students.

S.No	Register No	Name of the beneficiary	Signature
1	20104021	ELAKKIYA P	P. Elakkiya
2	20104022	FAIROSE S	S. Fairrose
3	20104024	ISWARYA K	K. Iswarya
4	20104025	JANAKI P	P. Janaki
5	20104026	JANANI S	S. Janani
6	20104027	JASMINE PARVEEN M	M. Jasmine Parveen
7	20104029	JENIFER NISHA J	J. Jennifer
8	20104030	JEYAMEENAKSHI R V	R. V. Jeyameenakshi
9	20104031	KAVI RATHNA K	K. Kavi Rathna
10	20104032	KAVIPRIYA J	J. Kavipriya
11	20104033	KAVIYA S	S. Kaviya
12	20104035	KEERTHIKA S	S. Keerthika
13	20104037	KIRUBAVATHI R	R. Kirubavathi
14	20104038	KIRUTHIGKA S	S. Kiruthigka
15	20104041	MAHALAKSHMI P	P. Mahalakshmi
16	20104042	MALINI T	T. Malini
17	20104043	MEGANA SRI G	G. Megana Sri
18	20104044	MEHAVARTHINI S	S. Mehavarthini
19	20104045	MENAGA M	M. Menaga
20	20104046	MOHANA SUNDARI V	V. Mohana Sundari

Comments

The topic has given us many useful ideas to choose best career paths.

J. J. J. HOD



# CAUVERY COLLEGE FOR WOMEN (AUTONOMOUS)

NAAC Accreditation III Cycle : A Grade (CGPA 3.41 out of 4)

Tiruchirappalli - 620018, Tamil Nadu, India

NAAC - Cycle IV SSR

## CRITERION II

## TOPICS DISCUSSED

TOPIC DISCUSSED : Harassment - An Overview

TUTOR : Dr.M.Neela

WARD : III BBA "B"

DATE : 19.08.2022

### Description of the topic to be discussed:

The topic for discussion identified the unwanted Behaviours directed at an individual with the purpose or intent of humiliating, disrespecting, intimidation, Hurting or offending them. Reasons & attitudes for Harassment was discussed in the hour. Mentors were advised how to overcome such harassment in their lives.

S.No	Register No	Name of the beneficiary	Signature
1	20104047	MONICA R	M. Monica
2	20104048	MONIKA S	S. Monika
3	20104049	MUTHULAKSHMI G	G. Muthulakshmi
4	20104050	NANDHINI M	M. Nandhini
5	20104051	NANDHINI S N	S.N. Nandhini
6	20104052	NARMATHA T	T. Narmatha
7	20104053	NIRMALA R	R. Nirmala
8	20104054	NITHISHA C	C. Nithisha
9	20104055	NITHYASHREE M	M. Nithyashree
10	20104056	NIVETHA S	S. Nivetha
11	20104057	PANDIMEENA G	G. Pandimeena
12	20104058	PREETHI B	B. Preethi
13	20104059	PRIYA S	S. Priya
14	20104060	PRIYA B	B. Priya
15	20104061	PRIYADHARSHINI K	K. Priyadharshini
16	20104062	RAMYA B	B. Ramya
17	20104063	RAMYA K	K. Ramya
18	20104064	RANJANI DEVI N	N. Ranjani Devi
19	20104065	REACHAL RUBY J	J. Reachal Ruby
20	20104066	RENUKA M	M. Renuka

Comments the above topic discussed was helpful among girls they gave them many unknown information on the topic Harassment Overview

*[Signature]*  
HOD





CRITERION II

TOPICS DISCUSSED

TOPIC DISCUSSED : I & INTERNET CURBING, CREATIVITY?

TUTOR : Dr.M.Gayathri

WARD : III BBA "B"

DATE : 09.09.2022

Description of the topic to be discussed:

Creativity is a phenomenon whereby something new and somehow valuable is formed. The advent of the internet has definitely made things much easier for mankind. Talking about artists, they too can learn all kinds of techniques, skills and what not on the internet but at the end of the day they have to come up with their own novel idea and the internet cannot provide it. There was a good response from the mentees.

S.No	Register No	Name of the beneficiary	Signature
1	20104067	RITHANYA R	Rithanya R
2	20104068	ROJASRI T	T. Roja Sri
3	20104070	SARANYA K	K. Saranya
4	20104071	SARMILI S	S. Sarmili
5	20104072	SARUMATHI K G	K.G. Sarumathi
6	20104073	SATHISHA S	S. Sathisha
7	20104074	SATHYA LAKSHMI U	U. Sathya
8	20104076	SUDIMA T	T. Sudima
9	20104077	SUMAINA BANU M I	M.I. Sumaina Banu
10	20104078	SWEDHA D	D. Swedha
11	20104079	SWETHA M	M. Swetha
12	20104080	TAMIL ARASI R	R. Tamil Arasi
13	20104081	THARUNIKA S	S. Tharunika
14	20104082	LMA J	J. Lma
15	20104083	VARSHINI S	S. Varshini
16	20104084	VENMATHI M	M. Venmathi
17	20104085	VIJAYA PREMEE S	S. Vijaya Premee
18	20104086	VIJAYALAKSHMI G	G. Vijayalakshmi
19	20104088	YASMEEN K	K. Yasmeen
20	20104089	YASMIN SALHA A	A. Yasmin Salha

Comments The session was very interesting and it is new to the students where she mentioned the reality that we are doing with the internet. J. J. J. HOD



CRITERION II

TOPICS DISCUSSED

TOPICS DISCUSSED 2021-2022

DEPARTMENT OF CHEMISTRY

CLASS : I B.Sc., CHEMISTRY  
 MENTOR : Dr. P. PUNGAYEE ALIAS AMIRTHAM  
 TOPIC : UPCOMING PROFESSIONAL CHALLENGES  
 DATE : 13. 09. 2021

UPCOMING PROFESSIONAL CHALLENGES

- > Communication challenges.
- > Low employee engagement and motivation.
- > Difficult people and rigid hierarchies.
- > Lack of conflict resolution.
- > Lack of skill development and professional growth.

S.No.	REGISTER NUMBER	NAME OF THE STUDENT	SIGNATURE
1	21118001	ANBARASI E	E. Anbarasi
2	21118002	ARCHANA S	S. Archana
3	21118003	BHAVANI D	D. Bhavani
4	21118004	DHARSHINI V	V. Dharshini
5	21118005	DIVYA CELINA D	D. Divya Celina
6	21118006	DURGA S	S. Durga
7	21118007	GAYATHRI S	S. Gayathri
8	21118008	INDHUMATHI T	T. Indhumathi
9	21118009	KANISHKA K. R	K.R. Kanishka
10	21118010	KIRUBAVATHI. A	A. Kirubavathi
11	21118011	MONIKA. P	P. Monika
12	21118012	NISHAKA. A	A. Nishaka
13	21118013	NIVITHA. S	S. Nivitha
14	21118014	PALIKA. M	M. Palika
15	21118015	PARKAVI P	P. Parkavi
16	21118016	RAGAVI K	K. Ragavi
17	21118017	RAMYA. N	N. Ramya
18	21118018	SARVIYA. S	S. Sarviya

SIGNATURE OF THE MENTOR

SIGNATURE OF THE HOD



CRITERION II

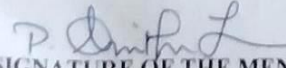
TOPICS DISCUSSED

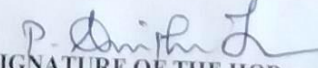
CLASS : I B.Sc., CHEMISTRY  
MENTOR : Dr. P. PUNGAYEE ALIAS AMIRTHAM  
TOPIC : III WORLD WAR  
DATE : 03.02.2022

III WORLD WAR

- Developments of nuclear weapons
- Effects of atom bombings
- Role of students in its prohibition

S.No.	REGISTER NUMBER	NAME OF THE STUDENT	SIGNATURE
1	21118001	ANBARASI E	E. Anbarasi
2	21118002	ARCHANA S	S. Archana
3	21118003	BHAVANI D	D. Bhavani
4	21118004	DHARSHINI V	V. Dharshini
5	21118005 ✓	DIVYA CELINA D	D. Divya Celina
6	21118006 ✓	DURGA S	Durga S
7	21118007	GAYATHRI S	S. Gayathri
8	21118008	INDHUMATHI T	T. Indhumathi
9	21118009	KANISHKA K. R	K. R. Kanishka
10	21118010	KIRUBAVATHI A	A. Kirubavathi
11	21118011	MONIKA P	P. Monika
12	21118012	NISHAKA A	A. Nishaka
13	21118013	NIVITHA S	S. Nivitha
14	21118014	PALIKA M	M. Palika
15	21118015	PARKAVI P	P. Parkavi
16	21118016	RAGAVI K	K. Ragavi
17	21118017	RAMYA N	N. Ramya
18	21118018	SARVIYA S	S. Sarviya

  
SIGNATURE OF THE MENTOR

  
SIGNATURE OF THE HOD

**CRITERION II****TOPICS DISCUSSED**

CLASS : 1 B.Sc., CHEMISTRY  
MENTOR : Dr. P. PUNGAYEE ALIAS AMIRTHAM  
TOPIC : HEALTH AND HYGEINE  
DATE : 21. 09. 2021

**HEALTH AND HYGEINE**

- Cleaning your body every day.
- Washing your hands with soap after going to the toilet.
- Brushing your teeth twice a day.
- Covering your mouth and nose with a tissue (or your sleeve) when sneezing or coughing.
- Washing your hands after handling pets and other animals.

S.No.	REGISTER NUMBER	NAME OF THE STUDENT	SIGNATURE
1	21118001	ANBARASI E	E. Anbarasi
2	21118002	ARCHANA. S	B. Archana
3	21118003	BHAVANI. D	D. Bhavani
4	21118004	DHARSHINI. V	V. Dhanshini
5	21118005	DIVYA CELINA. D	D. Divya Celina
6	21118006	DURGA. S	Durga. S
7	21118007	GAYATHRI. S	S. Gayathri
8	21118008	INDHUMATHI. T	T. Indhumathi
9	21118009	KANISHKA. K. R	K. R. Kanishka
10	21118010	KIRUBAVATHI. A	A. Kirubavathy
11	21118011	MONIKA. P	P. Monika
12	21118012	NISHAKA. A	A. Nishaka
13	21118013	NIVITHA. S	S. Nivitha
14	21118014	PALIKA. M	M. Palika
15	21118015	PARKAVI. P	P. Parkavi
16	21118016	RAGAVI. K	K. Ragavi
17	21118017	RAMYA. N	N. Ramya
18	21118018	SARVIYA. S	S. Sarviya

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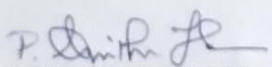
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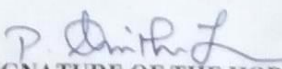
CLASS : I B.Sc., CHEMISTRY  
 MENTOR : Dr. P. PUNGAYEE ALIAS AMIRTHAM  
 TOPIC : MOBILE PHONES BOON AND BANE FOR STUDENTS  
 DATE : 10. 10. 2021

MOBILE PHONES BOON AND BANE FOR STUDENTS

- Easy Communication. The main benefit of using the mobile phone is that they make the mode of communication easier and cheap.
- Education.
- Promoting business.
- Mobile phones cause isolation in people.
- Excessive usage of mobile phones causes wastage of valuable time.
- Addiction to mobile phones causes distraction from works.

S.No.	REGISTER NUMBER	NAME OF THE STUDENT	SIGNATURE
1	21118001	ANBARASI E	E.Anbarasi
2	21118002	ARCHANA S	S. Archana
3	21118003	BHAVANI D	D. Bhavani
4	21118004	DHARSHINI V	V. Dharshini
5	21118005	DIVYA CELINA D	D. Divya Celina
6	21118006	DURGA S	S. Durga
7	21118007	GAYATHRI S	S. Gayathri
8	21118008	INDHUMATHI T	T. Indhumathi
9	21118009	KANISHKA K R	K. R. Kanishka
10	21118010	KIRUBAVATHI A	A. Kirubavathi
11	21118011	MONIKA P	P. Monika
12	21118012	NISHAKA A	A. Nishaka
13	21118013	NIVITHA S	S. Nivitha
14	21118014	PALIKA M	M. Palika
15	21118015	PARKAVI P	P. Parkavi
16	21118016	RAGAVI K	K. Ragavi
17	21118017	RAMYA N	N. Ramya
18	21118018	SARVIYA S	S. Sarviya

  
 SIGNATURE OF THE MENTOR

  
 SIGNATURE OF THE HOD

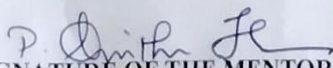
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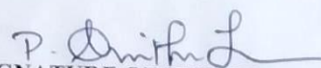
CLASS : I B.Sc., CHEMISTRY  
MENTOR : Dr. P. PUNGAYEE ALIAS AMIRTHAM  
TOPIC : TERRORISM AGAINST HUMANITY  
DATE : 16.12.2021

**TERRORISM AGAINST HUMANITY**

- What is terrorism?
- Effects of terrorism
- Group Behavior on Terrorism

S.No.	REGISTER NUMBER	NAME OF THE STUDENT	SIGNATURE
1	21118001	ANBARASI. E	E. Anbarasi
2	21118002	ARCHANA. S	S. Archana
3	21118003	BHAVANI. D	D. Bhavani
4	21118004	DHARSHINI. V	V. Dharshini
5	21118005	DIVYA CELINA. D	D. Divya Celina
6	21118006	DURGA. S	Durga. S
7	21118007	GAYATHRI. S	S. Gayathri
8	21118008	INDHUMATHI. T	T. Indhumathi
9	21118009	KANISHKA. K. R	K. R. Kanishka
10	21118010	KIRUBAVATHI. A	A. Kirubavathi
11	21118011	MONIKA. P	P. Monika
12	21118012	NISHAKA. A	A. Nishaka
13	21118013	NIVITHA. S	S. Nivitha
14	21118014	PALIKA. M	M. Palika
15	21118015	PARKAVI. P	P. Parkavi
16	21118016	RAGAVI. K	K. Ragavi
17	21118017	RAMYA. N	N. Ramya
18	21118018	SARVIYA. S	S. Sarviya

  
SIGNATURE OF THE MENTOR

  
SIGNATURE OF THE HOD

**CRITERION II****TOPICS DISCUSSED**

CLASS : I B.Sc., CHEMISTRY  
MENTOR : Dr. P. PUNGAYEE ALIAS AMIRTHAM  
TOPIC : ONLINE BANKING  
DATE : 08.03.2022

**ONLINE BANKING**

- > Avoid saving your login information
- > Keep your computer updated
- > Monitor your account regularly
- > Accessing bank account in public places

S.No.	REGISTER NUMBER	NAME OF THE STUDENT	SIGNATURE
1	21118001	ANBARASI. E	
2	21118002	ARCHANA. S	E. Anbarasi
3	21118003	BHAVANI. D	S. Archana
4	21118004	DHARSHINI. V	D. Bhavani
5	21118005	DIVYA CELINA. D	V. Dharsini
6	21118006	DURGA. S	D. Divya Celina
7	21118007	GAYATHRI. S	Durga S
8	21118008	INDHUMATHI. T	S. Gayathri
9	21118009	KANISHKA. K. R	T. Indhumathi
10	21118010	KIRUBAVATHI. A	K. R. Kanishka
11	21118011	MONIKA. P	A. Kirubavathi
12	21118012	NISHAKA. A	P. Monika
13	21118013	NIVITHA. S	A. Nishaka
14	21118014	PALIKA. M	S. Nivitha
15	21118015	PARKAVI. P	M. Palika
16	21118016	RAGAVI. K	P. Parkavi
17	21118017	RAMYA. N	K. Ragavi
18	21118018	SARVIYA. S	N. Ramya
			S. Sarviya

SIGNATURE OF THE MENTOR

SIGNATURE OF THE HOD



CRITERION II

TOPICS DISCUSSED

DEPARTMENT OF INFORMATION TECHNOLOGY

**TOPIC DISCUSSED :** How to Become the Child Your Parents Always Dream Of  
**TUTOR :** Ms.P.TAMILSELVI  
**WARD :** I BSC IT  
**DATE :** 23-03-2022

The truth is that you are a reflection of your parents, and every parent wants that reflection to be a positive one. If being a dream child to your parents is important to you, there are some essential things that you can begin to do to become the child that your parents always dreamed of having.

**Listen to your parents**

- Give your parents your undivided attention
- Don't try to talk over your parents while they are talking.
- Avoid pouting, whining, throwing a tantrum, or making gestures and faces to indicate your irritation with your parents
- Don't ignore your parents when they are talking to you or asking you to do something.

**Do what your parents ask you to do.**

- Don't be lazy.

**Avoid arguing with your parents.**

- Be patient throughout your conversation with your parents.
- Avoid raising your voice by calmly stating your point of view.
- Allow your parents an opportunity to share their point of view.

**Use proper manners when interacting with your parents.**

- Avoid screaming and yelling at your parents, even if you feel like they don't hear you.
- Don't make demands to your parents. Remember they are not obligated to do what you want them to do.

**Communicate effectively**

- Being able to communicate effectively and authentically with your parents shows that you respect them.
- Whether you need help or advice, need permission to do something, or you need to share some bad news that may disappoint your parents, it's important to start the conversation.

**Acknowledge the presence of your parents**

- You should never give your parents the silent treatment, even when you're upset.
- When you are entertaining friends at your house, you will need to make sure that your friends also acknowledge your parents by formally greeting them.
- If you're out with your parents in public, don't pretend like you're not with them because you find them embarrassing.

S.No	Register No	Name of the beneficiary	Signature
1	21123016	N.RAJESWARI	N. Rajeswari
2	21123017	K.RISHIKA	K. Rishika
3	21123018	J.ROSIKA BANU	J. Rosika Banu
4	21123019	R.SHRUTHIKA	R. Shruthika
5	21123020	A.SIVARANJANI	A. Sivaranjani

Comments



**CRITERION II****TOPICS DISCUSSED**

**TOPIC DISCUSSED :** How to Become the Child Your Parents Always Dream Of  
**TUTOR :** Ms.P.TAMILSELVI  
**WARD :** I BSC IT  
**DATE :** 23-03-2022

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S.No	Register No	Name of the beneficiary	Signature
1	21123016	N.RAJESWARI	N. Rajeswari
2	21123017	K.RISHIKA	K. Rishika
3	21123018	J.ROSIKA BANU	J. Rosika Banu
4	21123019	R.SHRUTHIKA	R. shruthika
5	21123020	A.SIVARANJANI	A. Sivaranjani

**Comments**

**CRITERION II****TOPICS DISCUSSED****TOPIC DISCUSSED** : HOW TO CULTIVATE EMOTIONAL INTELLIGENCE**TUTOR** : Ms. M. THANGAM**WARD** : III B. Se IT**No. of WARDS** : 20**DATE** : 18-08-2021**"EMOTIONS ARE A CRITICAL SOURCE OF INFORMATION FOR LEARNING"**

Developing emotional intelligence is one way to protect yourself from damaging relationships. Emotional Intelligence is a science that has been studied and researched for over a decade. According to the theories, mutual respect and communication are the key.

Emotional Intelligence begins to develop in the earliest years. All the small exchanges children have with their parents, teachers, and with each other carry emotional messages.

It is one's ability to recognize and understand emotions in themselves and others. It is one's ability to use this awareness to manage their behaviour and relationships. Our emotions need to be as educated as our intellect. It is important to know how to feel, how to respond and how to let life in so that it can touch you.

**Spend time with them** - Tap into their interests. Take an interest in what your parents do in their spare time. Make them a priority by choosing to spend time.

- Avoid disrespectful body language when your parents are talking to you
- Avoid interrupting your parents while they are talking
- Keep them up-to-date when you are out of the house
- Remain calm if you disagree
- Avoid putting your parents' beliefs and ideas down
- Try to see things from their perspective
- Help with household chores
- Show your gratitude by giving them a small gift

**COMMENTS**

Sno	Register No	Name of the beneficiary	Signature
1	19123002	Aishwarya. G	G. Aishwarya
2	19123004	ArunaPreethi. N	N. Aruna preethi
3	19123009	Divya. V	Di. Vya. V
4	19123010	Durga Devi. R	R. Durgadevi
5	19123014	Hemavarshini.S.K	S.K. Hemavarshini
6	19123020	Leenashri.A	Leenashri. A



CRITERION II

TOPICS DISCUSSED

DEPARTMENT OF COMPUTER APPLICATIONS

MENTOR : R. Sridevi.  
MENTEE : II BCA 'A'  
DATE : 18-08-2021  
TITLE : Security in digital Transactions.  
STRENGTH : 20.

Digital transaction Avenues such as payments through UPI, credit/debit cards, Mobile banking among others.

Don't save card details:

Most of us use digital transaction on a daily basis to buy food, clothes and even pay utility bills. In such a situation, it may seem tedious to have to enter your card details in your phone or laptop everyday. But it is always recommended to not save your card details and only enter them as and when required to ensure that your financial details are safe in the event that the device falls in to wrong hands.



CRITERION II

TOPICS DISCUSSED

Feedback:

In the growth of financial Industries Electronic Payment system security is a newest topic, which is to be replaced in the near future by electronic or online transaction. With the advancement of the technology, there is a strong need to build and enforce safe authentication schemes to protect users.

Students Name:

- |                  |                    |
|------------------|--------------------|
| A. Abarna        | - Abarna A         |
| A. Bharathi      | - A. Bharathi      |
| S. Bhuvaneshwari | - S. Bhuvaneshwari |
| P. Chandraprabha | - P. Chandraprabha |
| V. Deepalakshmi  | - V. Deepalakshmi  |



PG AND RESEARCH DEPARTMENT OF MATHEMATICS

Date \_\_\_\_\_  
Page 1

09-21 VALUE ADDED COURSES AND BENEFITS

The Value Added courses aim to provide additional learner centric graded skill oriented technical training, with the primary objective of improving the employability skills of students.

The Main objectives of the course are

1. To provide students an understanding of the expectations of industry.
2. To improve employability skills of the students.
3. To bridge the skill gaps and make students industry ready.
4. To provide an opportunity to students to develop inter-disciplinary skills.

Benefits:

It is very helpful in future during placement drives. This increase the knowledge in different fields also Students also prepare for a separate line in their carrier.

**CRITERION II****TOPICS DISCUSSED**

S.No	Name of the Student	Signature
1.	Abarna.V	V. Abarna
2.	Abinaya.V	V. Abinaya
3.	Affrose Begum.A	A. Affrose Begum
4.	Amala.B	B. Amala
5.	Aruna.M	M. Aruna
6.	Booma.R	R. Booma
7.	Chitra.P	P. Chitra
8.	Datshini.S	S. Datshini
9.	Deepika.P	P. Deepika
10.	Divya Priya.T	T. Divya Priya
11.	Gayathri.R	R. Gayathri
12.	Gayathri.S	S. Gayathri
13.	Gokila.T	T. Gokila
14.	Haridha Banu.S	ABSENT
15.	Hariniya.M	M. Hariniya
16.	Jasani.R	R. Jasani
17.	Jothika.T	T. Jothika
18.	Kamali.B	B. Kamali
19.	Kaniga Sri.V	V. Kaniga Sri
20.	Kariya.B	B. Kariya

**CRITERION II****TOPICS DISCUSSED****TOPICS DISCUSSED 2020-2021****DEPARTMENT OF CHEMISTRY**

CLASS : I B.Sc., CHEMISTRY  
MENTOR : Dr. G. SIVASANKARI  
TOPIC : WOMEN EMPOWERMENT  
DATE : 07. 10. 2020

**WOMEN EMPOWERMENT (Via Google Meet)**

- Place women as leaders and give them decision making roles.
- More Job Opportunities for Women
- Invest in Women's Entrepreneurial Ideas, Emotionally and Financially.
- Mentoring Women Professionally and Personally

S.No.	REGISTER NUMBER	NAME OF THE STUDENT
1	20118023	NASRINBANU M
2	20118024	NIVETHA .S
3	20118025	OVIYA S
4	20118026	PANDI CHITRA.B
5	20118027	PAVITHA P
6	20118028	PRAVEENA K
7	20118029	PREETHI R.K
8	20118030	PRINCEYA J
9	20118031	PRIYADHARSHINI D
10	20118032	RAJESHWARI V
11	20118033	RESHMA A
12	20118034	SANDHYA S
13	20118035	SANGEETHA PJ
14	20118036	SANGEETHA T
15	20118037	SASIREKA (01.09.2020)
16	20118038	SATHIYAPRIYA M
17	20118039	SHAKTHI V
18	20118040	SHANTHINI A
19	20118041	SHOBANAMARY M
20	20118042	SHUSHMA S
21	20118043	SINDUJA P
22	20118044	SIVAGAMI S

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**CRITERION II****TOPICS DISCUSSED**

CLASS : I B.Sc., CHEMISTRY

MENTOR : Dr. G. SIVASANKARI

TOPIC : IMPACT OF COVID – 19 ON STUDENTS MENTAL HEALTH

DATE : 10. 02. 2021

**IMPACT OF COVID – 19 ON STUDENTS MENTAL HEALTHII**

- Get up and go to bed at similar times every day.
- Keep up with personal hygiene.
- Eat healthy meals at regular times.
- Exercise regularly.
- Allocate time for working and time for resting.
- Make time for doing things you enjoy.

S.No.	REGISTER NUMBER	NAME OF THE STUDENT	SIGNATURE
1	20118023	NASRINBANU M	Nasrinbanu - M
2	20118024	NIVETHA .S	Niveetha S
3	20118025	OVIYA S	S.Oviya
4	20118026	PANDI CHITRA.B	B.Pandi chitra
5	20118027	PAVITHA P	P.Pavitha
6	20118028	PRAVEENA K	praveena, k
7	20118029	PREETHI R.K	R.k. Preethi
8	20118030	PRINCEYA J	J. Princeya
9	20118031	PRIYADHARSHINI D	D.priyadharshini
10	20118032	RAJESHWARI V	Rajeshwari. V
11	20118033	RESHMA A	reshma. A.
12	20118034	SANDHYA S	S. Sandhya
13	20118035	SANGEETHA PJ	P. J. Sangeetha
14	20118036	SANGEETHA T	T. Sangeetha
15	20118037	SASIREKA (01.09.2020)	Sasireka. R
16	20118038	SATHIYAPRIYA M	Sathiya Priya. M
17	20118039	SHAKTHI V	V. Shakthi
18	20118040	SHANTHINI A	A. Shanthini
19	20118041	SHOBANAMARY M	M. Shobana Mary
20	20118023	NASRINBANU M	Nasrinbanu. M
21	20118024	NIVETHA .S	Niveetha S
22	20118025	OVIYA S	s. Oviya

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**CRITERION II****TOPICS DISCUSSED**

CLASS : I B.Sc., CHEMISTRY  
 MENTOR : Dr. G. SIVASANKARI  
 TOPIC : HOW TO IMPROVE YOUR PUBLIC SPEAKING SKILLS  
 DATE : 08. 03. 2021

**HOW TO IMPROVE YOUR PUBLIC SPEAKING SKILLS**

1. Listen. Paying attention and truly listening to someone underpins good communication.
2. Be aware of body language. The way our body is positioned when we talk to someone is a form of communication.
3. Ask questions. It's okay to clarify.
4. Be brief and to the point.
5. Take notes.

S.No.	REGISTER NUMBER	NAME OF THE STUDENT	SIGNATURE
1	20118023	NASRINBANU M	Nasrin Banu . M
2	20118024	NIVETHA .S	Nivetha . S
3	20118025	OVIYA S	Oviya . s
4	20118026	PANDI CHITRA.B	Pandi chitra . B
5	20118027	PAVITHA P	Pavitha . P
6	20118028	PRAVEENA K	Praveena . K.
7	20118029	PREETHI R.K	Preethi . R.K
8	20118030	PRINCEYA J	J. Princeya
9	20118031	PRIYADHARSHINI D	D. priyadharshini
10	20118032	RAJESHWARI V	Rajeshwari . V
11	20118033	RESHMA A	Reshma . A
12	20118034	SANDHYA S	S. Sandhya
13	20118035	SANGEETHA PJ	P.J. Sangeetha
14	20118036	SANGEETHA T	T. Sangeetha
15	20118037	SASIREKA (01.09.2020)	Sasireka
16	20118038	SATHIYAPRIYA M	Sathiyapriya . M
17	20118039	SHAKTHI V	V. Shakthi
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19	20118041	SHOBANAMARY M	M. Shobana Mary
20	20118023	NASRINBANU M	Nasrin Banu . M
21	20118024	NIVETHA .S	Nivetha . S
22	20118025	OVIYA S	Oviya . s

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CRITERION II

TOPICS DISCUSSED

CLASS : II B.Sc., CHEMISTRY  
 MENTOR : Ms. P. THAMIZHINI  
 TOPIC : IMPACT OF COVID - 19 ON STUDENTS MENTAL HEALTH  
 DATE : 10. 02. 2021

IMPACT OF COVID - 19 ON STUDENTS MENTAL HEALTH

- Get up and go to bed at similar times every day.
- Keep up with personal hygiene.
- Eat healthy meals at regular times.
- Exercise regularly.
- Allocate time for working and time for resting.
- Make time for doing things you enjoy.

S.No.	REGISTER NUMBER	NAME OF THE STUDENT	SIGNATURE
1	19118016	M. DHAATSHAAYINI	M. Dhaathayini
2	19118017	P. DHANALAKSHMI	P. Dhanalakshmi
3	19118018	G. DHANUSHIYA	G. Dhanushiya
4	19118019	N. DURGA	N. Durga
5	19118020	E. ELAKIYA	E. Elakiya
6	19118021	N. EVANGELIN NELCY	N. Evangelin Nelcy
7	19118022	A. GAYATHRI	A. Gayathri
8	19118023	R. GAYATHRI	R. Gayathri
9	19118024	S. GAYATHRI	S. Gayathri
10	19118025	V. GAYATHRI	V. Gayathri
11	19118026	S.J. HARETHA	S.J. Haretha
12	19118027	R.K. HARINI	R.K. Harini
13	19118028	S. HARINI	S. Harini
14	19118029	K. HEMALATHA	K. Hemalatha
15	19118030	S. HEMALATHA	S. Hemalatha
16	19118031	R. JAYAPRIYA	R. Jayapriya
17	19118032	N.J. JEEVANA	N.J. Jeevana
18	19118033	B. KANIMOZHI	B. Kanimozhi
19	19118034	R. KANIMOZHI	R. Kanimozhi
20	19118035	A. KARTHIGA	A. Karthiga
21	19118036	G. KARTHIKA	G. Karthika
22	19118037	B. KAVIBHARATHI	B. Kavibharathi

*P. Thamizhini*  
 SIGNATURE OF THE MENTOR

*P. Dhanalakshmi*  
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**CRITERION II****TOPICS DISCUSSED**

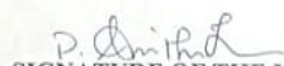
CLASS : II B.Sc., CHEMISTRY  
 MENTOR : Ms. P. THAMIZHINI  
 TOPIC : HOW TO IMPROVE YOUR PUBLIC SPEAKING SKILLS  
 DATE : 08. 03. 2021

**HOW TO IMPROVE YOUR PUBLIC SPEAKING SKILLS**

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6	19118021	N. EVANGELIN NELCY	N. Evangelin Nelcy
7	19118022	A. GAYATHRI	A. Gayathri
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11	19118026	S.J. HARETHA	S.J. Haretha
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21	19118036	G. KARTHIKA	G. Karthika
22	19118037	B. KAVIBHARATHI	B. Kavibharathi

  
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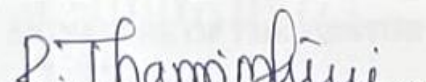
**CRITERION II****TOPICS DISCUSSED**

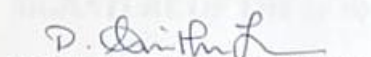
CLASS : II B.Sc., CHEMISTRY  
MENTOR : Ms. P. THAMIZHINI  
TOPIC : WOMEN EMPOWERMENT  
DATE : 07. 10. 2020

**WOMEN EMPOWERMENT (Via Google Meet)**

- Place women as leaders and give them decision making roles.
- More Job Opportunities for Women
- Invest in Women's Entrepreneurial Ideas, Emotionally and Financially.
- Mentoring Women Professionally and Personally

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12	19118027	R.K. HARINI
13	19118028	S. HARINI
14	19118029	K. HEMALATHA
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20	19118035	A. KARTHIGA
21	19118036	G. KARTHIKA
22	19118037	B. KAVIBHARATHI

  
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**CRITERION II****TOPICS DISCUSSED****CLASS : I M.Sc., CHEMISTRY&IIM.Sc., CHEMISTRY****MENTOR : Ms. S. JEEVITHA****TOPIC : WOMEN EMPOWERMENT****DATE : 07. 10. 2020****WOMEN EMPOWERMENT (Via Google Meet)**

- Place women as leaders and give them decision making roles.
- More Job Opportunities for Women
- Invest in Women's Entrepreneurial Ideas, Emotionally and Financially.
- Mentoring Women Professionally and Personally

S.No.	REGISTER NUMBER	NAME OF THE STUDENT
1	20218008	KRISHNA PRIYA DHARSHINI V
2	20218009	MADHU SRI J
3	20218010	MONICA C
4	20218011	NITHYA KAMALAM S
5	20218012	NEVETHA R
6	20218013	PATHMAVATHI M
7	20218014	PRAVEENA MARY A
8	20218015	PRAVEENA R
9	20218016	PRIYADHARSHINI R
10	20218017	ROSY B
11	20218018	SARASWATHI S
12	20218019	SIVARANJANI S
13	20218020	SOWMIYA K
14	20218021	SOWMIYA N
15	20218022	SUBADHARSHINI M
16	20218023	SUSMITHA P
17	20218024	TAMILARASI C
18	20218025	VAISHNAVI G
19	20218026	VAITHESHWARI K
20	20218027	VARSHINI B
21	19218001	R.ABINAYA (03.05.1999)
22	19218002	R.ABINAYA(17.06.1999)

  
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**CRITERION II****TOPICS DISCUSSED****CLASS : I M.Sc., CHEMISTRY & HM.Sc., CHEMISTRY****MENTOR : Ms. S. JEEVITHA****TOPIC : IMPACT OF COVID - 19 ON STUDENTS MENTAL HEALTH****DATE : 10. 02. 2021****IMPACT OF COVID - 19 ON STUDENTS MENTAL HEALTH**

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S.No.	REGISTER NUMBER	NAME OF THE STUDENT	SIGNATURE
1	20218008	KRISHNA PRIYA DHARSHINI V	V. Krishna Priya
2	20218009	MADHU SRI J	Madhu Sri J
3	20218010	MONICA C	Monica C
4	20218011	NITHYA KAMALAM S	S. Nithya Kamalam
5	20218012	NEVETHA R	R. Nivetha
6	20218013	PATHMAVATHI M	M. Pathmavathi
7	20218014	PRAVEENA MARY A	A. Praveena Mary
8	20218015	PRAVEENA R	R. Praveena
9	20218016	PRIYADHARSHINI R	R. Priyadharshini
10	20218017	ROSY B	B. Rosy
11	20218018	SARASWATHI S	S. Saraswathi
12	20218019	SIVARANJANI S	S. Sivaranjani
13	20218020	SOWMIYA K	K. Sowmiya
14	20218021	SOWMIYA N	N. Sowmiya
15	20218022	SUBADHARSHINI M	M. Subadharshini
16	20218023	SUSMITHA P	P. Susmitha
17	20218024	TAMILARASI C	C. Tamilarasi
18	20218025	VAISHNAVI G	G. Vaishnavi
19	20218026	VAITHESHWARI K	K. Vaitheswari
20	20218027	VARSHINI B	B. Varshini
21	19218001	R.ABINAYA (03.05.1999)	R. Abinaya
22	19218002	R.ABINAYA(17.06.1999)	R. Abinaya

  
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**CRITERION II****TOPICS DISCUSSED**

**CLASS** : I M.Sc., CHEMISTRY & IIM.Sc., CHEMISTRY  
**MENTOR** : Ms. S. JEEVITHA  
**TOPIC** : HOW TO IMPROVE YOUR PUBLIC SPEAKING SKILLS  
**DATE** : 08. 03. 2021

**HOW TO IMPROVE YOUR PUBLIC SPEAKING SKILLS**

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5. Take notes.

S.No.	REGISTER NUMBER	NAME OF THE STUDENT	SIGNATURE
1	20218008	KRISHNA PRIYA DHARSHINI V	V. Krishna
2	20218009	MADHU SRI J	Madhuri . J
3	20218010	MONICA C	Monica . c
4	20218011	NITHYA KAMALAM S	S.Nithya kamalam
5	20218012	NEVETHA R	R. Nevetha
6	20218013	PATHMAVATHI M	M. Pathma
7	20218014	PRAVEENA MARY A	A. Praveena Mary
8	20218015	PRAVEENA R	R. Praveena
9	20218016	PRIYADHARSHINI R	R. Priyadharshini
10	20218017	ROSY B	B. Rosy
11	20218018	SARASWATHI S	S. Sivaranjani
12	20218019	SIVARANJANI S	S. Saraswathi
13	20218020	SOWMIYA K	K. Sowmiya
14	20218021	SOWMIYA N	N. Sowmiya
15	20218022	SUBADHARSHINI M	M. Subadharshini
16	20218023	SUSMITHA P	P. Susmitha
17	20218024	TAMILARASI C	C. Tamilarasi
18	20218025	VAISHNAVI G	G. Vaishnavi
19	20218026	VAITHESHWARI K	K. Vaitheeswari
20	20218027	VARSHINI B	B. Varshini
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22	19218002	R.ABINAYA(17.06.1999)	R. Abinaya

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**CRITERION II****TOPICS DISCUSSED****CLASS : III B.Sc., CHEMISTRY & IM.Sc., CHEMISTRY****MENTOR : Dr. R. SUBHA****TOPIC : IMPACT OF COVID - 19 ON STUDENTS MENTAL HEALTH****DATE : 10. 02. 2021****IMPACT OF COVID - 19 ON STUDENTS MENTAL HEALTH**

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S.No.	REGISTER NUMBER	NAME OF THE STUDENT	SIGNATURE
1	CB18S109211	L. ROHINI	L. Rohini
2	CB18S109212	V.ROSHINI	V. Roshini
3	CB18S109213	V.RUVETHA	V. Ruvetha
4	CB18S109214	P.SAKTHI UMA	P. Sakthi Uma
5	CB18S109215	P.SANGEETHA	P. Sangeetha
6	CB18S109216	S. SELLA SRIMATHA	S. Sella srin
7	CB18S109217	G. SERMILA	G. Seramla
8	CB18S109218	K. SHANMUGA PRIYA	K. Shanmugapriya
9	CB18S109221	R. SRIPRIYA	R. SriPriya
10	CB18S109222	P.SUBASHINI	P. Subashini
11	CB18S109223	V. SUJITHA	V. Sujitha
12	CB18S109224	K.SUMATHI	K. Sumathi
13	CB18S109225	R.SWATHI	R. Swatha
14	CB18S109227	S. TAMILARASI	S. Tamilarasi
15	CB18S109228	M. UMA MAHESWARI	M. umamaheswari
16	20218001	ARTHI A	A. Arthi
17	20218002	CHARUMATHI S	S. Charumathi
18	20218003	ESHA G	G. Esha
19	20218004	HEMAMALINI C	C. Hemalini
20	20218005	JERLINEMONICA J	J. Jerlinemonica
21	20218006	KARTHIKA S	S. Karthika
22	20218007	KARTHIKA S	S. Karthika

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**CRITERION II****TOPICS DISCUSSED****CLASS : III B.Sc., CHEMISTRY&IM.Sc., CHEMISTRY****MENTOR : Dr. R. SUBHA****TOPIC : WOMEN EMPOWERMENT****DATE : 07. 10. 2020****WOMEN EMPOWERMENT (Via Google Meet)**

- Place women as leaders and give them decision making roles.
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1	CB18S109211	L. ROHINI
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5	CB18S109215	P.SANGEETHA
6	CB18S109216	S. SELLA SRIMATHA
7	CB18S109217	G. SERMILA
8	CB18S109218	K. SHANMUGA PRIYA
9	CB18S109221	R. SRIPRIYA
10	CB18S109222	P.SUBASHINI
11	CB18S109223	V. SUJITHA
12	CB18S109224	K.SUMATHI
13	CB18S109225	R.SWATHI
14	CB18S109227	S. TAMILARASI
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20	20218005	JERLINEMONICA J
21	20218006	KARTHIKA S
22	20218007	KARTHIKA S

  
SIGNATURE OF THE MENTOR  
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**CRITERION II****TOPICS DISCUSSED**

CLASS : III B.Sc., CHEMISTRY &amp; IM.Sc., CHEMISTRY

MENTOR : Dr. R. SUBHA

TOPIC : HOW TO IMPROVE YOUR PUBLIC SPEAKING SKILLS

DATE : 08.03.2021

**HOW TO IMPROVE YOUR PUBLIC SPEAKING SKILLS**

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5	CB18S109215	P.SANGEETHA	P. Sangeetha
6	CB18S109216	S. SELLA SRIMATHA	S. Sella
7	CB18S109217	G. SERMILA	G. Sermila
8	CB18S109218	K. SHANMUGA PRIYA	K. Shanmuga Priya
9	CB18S109221	R. SRIPRIYA	R. Sri Priya
10	CB18S109222	P.SUBASHINI	P. Subashini
11	CB18S109223	V. SUJITHA	V. Sujatha
12	CB18S109224	K.SUMATHI	K. Sumathy
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20	20218005	JERLINEMONICA J	J. Jerline Monica
21	20218006	KARTHIKA S	S. Karthika
22	20218007	KARTHIKA S	S. Karthika

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**CRITERION II****TOPICS DISCUSSED**

**CLASS** : III B.Sc., CHEMISTRY  
**MENTOR** : Dr. C. RAJARAJESWARI  
**TOPIC** : WOMEN EMPOWERMENT  
**DATE** : 07. 10. 2020

**WOMEN EMPOWERMENT (Via Google Meet)**

- Place women as leaders and give them decision making roles.
- More Job Opportunities for Women
- Invest in Women's Entrepreneurial Ideas, Emotionally and Financially.
- Mentoring Women Professionally and Personally

S.No.	REGISTER NUMBER	NAME OF THE STUDENT
1	CB18S109187	M.JANANNI
2	CB18S109188	M .KALA
3	CB18S109189	S.KAMALIDEVI
4	CB18S109190	A.KANIMOZHI
5	CB18S109192	D.MAHALAKSHMI
6	CB18S109193	K.MAHALAKSHMI
7	CB18S109194	R.MAHALAKSHMI
8	CB18S109195	D.MANIMOZHI
9	CB18S109196	V.MANJU
10	CB18S109197	R.S.MIRUDHULA
11	CB18S109198	L.MONICKA LEVENSKY
12	CB18S109200	G.NESIKA
13	CB18S109201	T.PAVITHRA
14	CB18S109202	U. PAVITHRA
15	CB18S109203	S. PRADEEPA
16	CB18S109204	C. PRAVEENA MERLIN
17	CB18S109205	T. PRIYADARSHNI
18	CB18S109206	S. PRIYADHARSHINI
19	CB18S109207	T.RANJANI
20	CB18S109208	A. RANJITHA
21	CB18S109209	S. RANJITHA
22	CB18S109210	K. RIJU

  
SIGNATURE OF THE MENTOR

  
SIGNATURE OF THE HOD

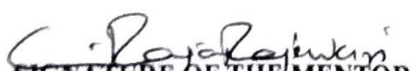
**CRITERION II****TOPICS DISCUSSED**

**CLASS** : III B.Sc., CHEMISTRY  
**MENTOR** : Dr. C. RAJARAJESWARI  
**TOPIC** : IMPACT OF COVID – 19 ON STUDENTS MENTAL HEALTH  
**DATE** : 10. 02. 2021

**IMPACT OF COVID – 19 ON STUDENTS MENTAL HEALTH**

- Get up and go to bed at similar times every day.
- Keep up with personal hygiene.
- Eat healthy meals at regular times.
- Exercise regularly.
- Allocate time for working and time for resting.
- Make time for doing things you enjoy.

S.No.	REGISTER NUMBER	NAME OF THE STUDENT	SIGNATURE
1	CB18S109187	M.JANANNI	M.Jannani
2	CB18S109188	M.KALA	M. Kala
3	CB18S109189	S.KAMALIDEVI	S. Kala
4	CB18S109190	A.KANIMOZHI	A. Kanimozhi
5	CB18S109192	D.MAHALAKSHMI	D. Mahalakshmi
6	CB18S109193	K.MAHALAKSHMI	Mahalakshmi
7	CB18S109194	R.MAHALAKSHMI	R. Mahalakshmi
8	CB18S109195	D.MANIMOZHI	D. Manimozhi
9	CB18S109196	V.MANJU	V. Manju
10	CB18S109197	R.S.MIRUDHULA	Mirudhula
11	CB18S109198	L.MONICKA LEVENSKY	Monicka
12	CB18S109200	G.NESIKA	G. Nesika
13	CB18S109201	T.PAVITHRA	T. Pavithra
14	CB18S109202	U. PAVITHRA	U. Pavithra
15	CB18S109203	S. PRADEEPA	S. Pradeepa
16	CB18S109204	C. PRAVEENA MERLIN	Praveena Merlin
17	CB18S109205	T. PRIYADARSHNI	T. Priyadarshni
18	CB18S109206	S. PRIYADHARSHINI	S. Priyadarshini
19	CB18S109207	T.RANJANI	T. Ranjani
20	CB18S109208	A. RANJITHA	Ranjitha - A
21	CB18S109209	S. RANJITHA	S. Ranjitha
22	CB18S109210	K. RIJU	K. Riju

  
SIGNATURE OF THE MENTOR

  
SIGNATURE OF THE HOD

**CRITERION II****TOPICS DISCUSSED**

CLASS : III B.Sc., CHEMISTRY  
 MENTOR : Dr. C. RAJARAJESWARI  
 TOPIC : HOW TO IMPROVE YOUR PUBLIC SPEAKING SKILLS  
 DATE : 08. 03. 2021

**HOW TO IMPROVE YOUR PUBLIC SPEAKING SKILLS**

1. Listen. Paying attention and truly listening to someone underpins good communication.
2. Be aware of body language. The way our body is positioned when we talk to someone is a form of communication.
3. Ask questions. It's okay to clarify.
4. Be brief and to the point.
5. Take notes.

S.No.	REGISTER NUMBER	NAME OF THE STUDENT	SIGNATURE
1	CB18S109187	M.JANANNI	M. Jananni
2	CB18S109188	M. KALA	M. Kala
3	CB18S109189	S.KAMALIDEVI	S. Kamalidevi
4	CB18S109190	A.KANIMOZHI	A. Kanimozhi
5	CB18S109192	D.MAHALAKSHMI	D. Mahalakshmi
6	CB18S109193	K.MAHALAKSHMI	K. Mahalakshmi
7	CB18S109194	R.MAHALAKSHMI	R. Mahalakshmi
8	CB18S109195	D.MANIMOZHI	D. Manimozhi
9	CB18S109196	V.MANJU	V. Manju
10	CB18S109197	R.S.MIRUDHULA	R. S. Mirudhula
11	CB18S109198	L.MONICKA LEVENSKY	Monicka L.
12	CB18S109200	G.NESIKA	G. Nesika
13	CB18S109201	T.PAVITHRA	T. Pavithra
14	CB18S109202	U. PAVITHRA	U. Pavithra
15	CB18S109203	S. PRADEEPA	S. Pradeepa
16	CB18S109204	C. PRAVEENA MERLIN	C. Praveena Merlin
17	CB18S109205	T. PRIYADARSHNI	T. Priyadarshni
18	CB18S109206	S. PRIYADHARSHINI	S. Priyadharshini
19	CB18S109207	T.RANJANI	T. Ranjani
20	CB18S109208	A. RANJITHA	A. Ranjitha
21	CB18S109209	S. RANJITHA	S. Ranjitha
22	CB18S109210	K. RIJU	K. Riju

  
SIGNATURE OF THE MENTOR

  
SIGNATURE OF THE HOD



PG AND RESEARCH DEPARTMENT OF MATHEMATICS

CAUVERY COLLEGE FOR WOMEN (AUTONOMOUS), TRICHY – 18

PG AND RESEARCH DEPARTMENT OF MATHEMATICS

TUTOR WARD

Class: II M. Sc Mathematics

Date: 07.08.2020

Number of Beneficiaries:20

Time: 10-11 am

I. STRESS MANAGEMENT DURING PANDEMIC SITUATION

The following topics were discussed in the class.

• **Follow the recommended health guidelines.**

These guidelines include getting the COVID-19 vaccine, frequent hand-washing, wearing a mask in public places, social distancing, practicing respiratory etiquette and cleaning commonly used surfaces. Not only you will protect your health, but you'll also protect the health of vulnerable people in your community, like older adults and those with serious or underlying health issues.

• **Create a morning routine.**

When you're stuck at home, it can be tempting to let go of basic routines, but Flanagan says a morning routine can help you feel more productive and positive. Consider waking up at the same time each day, exercising, showering, meditating, journaling, tidying your home or having a healthy breakfast as part of your morning ritual or enjoying a favorite hobby. Pick one thing and do it at the same time each day. It will help anchor your day and provide a welcome respite.

• **Check in with loved ones regularly.**

Staying in touch with family and friends can help reduce stress.

• **Consider ways to help others.**

This can include picking up groceries for a neighbor and leaving them at their door, donating to a local charity, or purchasing gift cards from your favorite restaurant. By taking the focus off yourself, you can experience reduced stress and a greater sense of well-being.

• **Limit news and media consumption.**

"When we constantly check our newsfeeds and see bad news, it activates our sympathetic nervous system and can send us into fight-or-flight mode," says Flanagan. He recommends limiting how often you check the news to once or twice a day (ideally not first thing in the morning or after dinner), turning off news alerts, and obtaining information from one or two reputable news outlets.



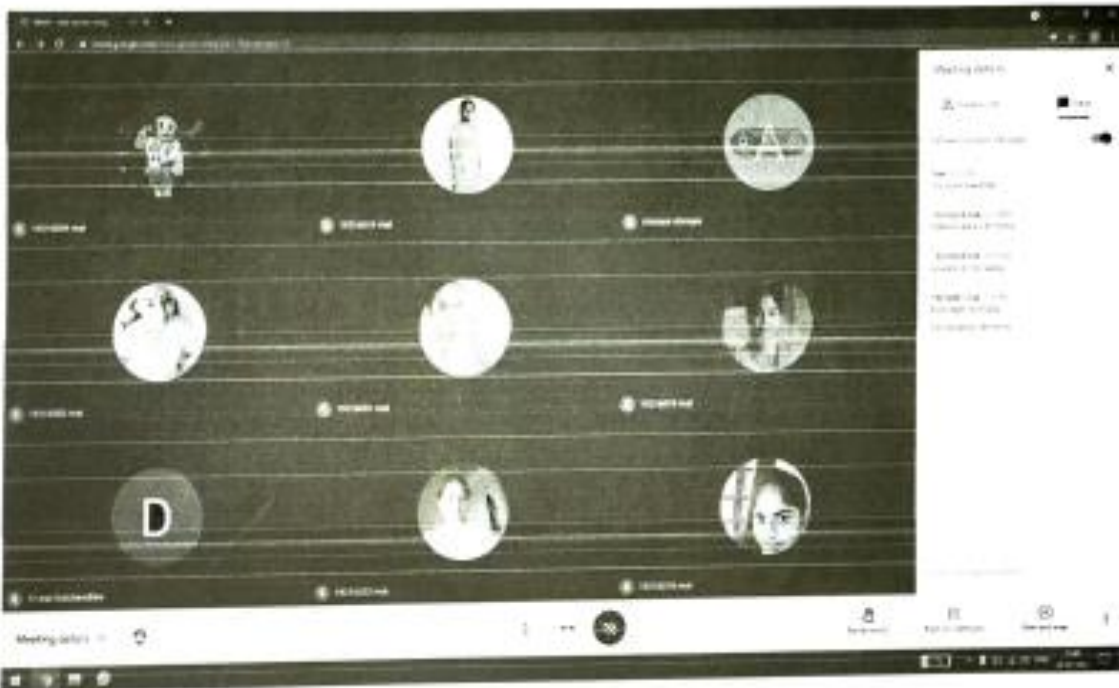
**CRITERION II**

**TOPICS DISCUSSED**

• **Meditate.**

Meditation can help restore your sense of control as you focus on your breath or a positive word or phrase. "Meditation can help you activate your parasympathetic nervous system, and that's an antidote to fear," says Flanagan. "And when you're more centered, you're able to create a calm reality around you." Try this guided meditation to get started.

**CLASS SCREENSHOT:**



  
Signature of the Mentor  
(Dr. SARIDHA)

  
Signature of the HOD

  
Principal  
Cauvery College For Women  
(Autonomous)  
Annamalai Nagar,  
Tiruchirappalli - 620 018,  
Tamilnadu.



**CAUVERY COLLEGE FOR WOMEN (AUTONOMOUS)  
PG AND RESEARCH DEPARTMENT OF MATHEMATICS  
TUTOR WARD**

**Class: III B.Sc Mathematics**

**Date : 24.08.2020**

**No. of Beneficiaries: 20**

**Time: 11- 12 PM**

**CAREER PATH IN MATHEMATICS**

The following points were discussed in the class.

Mathematicians are experts in mathematical theories and algorithms. Theoretical mathematicians are concerned with developing new theories and critiquing previous principles. Applied Mathematicians, on the other hand, use the same theories and techniques to solve practical problems in various domains such as Business, Astronomy, Climate Study, Robotics, Defense, Biology and Genetics, Finance, etc.

Cellphones, Computers, Satellites, the Internet – Each of them have mathematics and mathematicians behind it. Mathematicians, who through their number crunching and analytical reasoning and critical thinking abilities have made an infinite number of advancements in the modern world possible.

Advancement in technology and the induction of data and machine learning in almost every field has opened up new gateways of opportunities for students to explore career opportunities in other allied fields apart from mathematics.

- ✓ Data Analyst, Machine Learning Engineer
- ✓ Operational Researcher, Financial/Investment Analyst
- ✓ Research Assistant/Scientist, Actuarial Science
- ✓ Teacher/Professor, Accountancy
- ✓ Professional Services

**Higher Education Options After BSc Mathematics**

- ✓ MSc Mathematics, MSc Actuarial Science
- ✓ MSc Financial Mathematics and Computation
- ✓ MA/MSc Statistics, MSc Statistics and Operational Research
- ✓ Master of Data Science, MBA in Finance
- ✓ Graduate Diploma in Mathematics and Statistics
- ✓ Master of Computer Applications (MCA)
- ✓ Chartered Accountancy (CA), Chartered Financial Analyst (CFA)





**CRITERION II**

**TOPICS DISCUSSED**

**Study abroad after doing BSc mathematics**

- ✓ To study at foreign universities, the admission process will require the candidate to give one language exam and one standardized exam.
- ✓ However, depending on the country, course, college, or university you are applying for you may be exempted from standardized exams.
- ✓ The language test will showcase your English proficiency skills.
- ✓ These exams are required for pursuing almost all courses abroad.

Different countries have different language exams such as

- ✓ IELTS exam for getting admission to the universities in Australia, New Zealand, and the UK
- ✓ PTE exam for getting admission in few universities of the US and most of the colleges and universities of the UK. The result of this exam will be valid for two years from the date of the exam
- ✓ TOEFL exam for getting admission to the universities in the US and Canada. The score of this exam is valid for two years after the declaration of results

**CLASS SCREENSHOT:**



*C. Saranya*  
Signature of the Mentor  
(C.SARANYA)

*S. Pr...*  
Signature of the HOD

*V. Vijayar*  
Principal  
Signature of the Principal  
Cauvery College For Women  
(Autonomous)  
Annamalai Nagar,  
Tiruchirappalli - 620 018.  
Tamilnadu.



**CAUVERY COLLEGE FOR WOMEN (AUTONOMOUS)  
PG AND RESEARCH DEPARTMENT OF MATHEMATICS  
TUTOR WARD**

**Class: I M.Sc Mathematics**

**Date : 09.11.2020**

**No. of Beneficiaries: 05**

**Time: 1 – 2 PM**

**HEALTH AND SOCIAL AWARENESS**

The following points were discussed in the class.

Social awareness is one's ability to accurately pick up on the emotions in other people to understand what is really going on. Relationship management is the ability to use one's awareness of self and others' emotions to manage interactions successfully.

**Social Awareness**

**Social Awareness:** The ability to take the perspective of and empathize with others, including those from diverse backgrounds and cultures. The ability to understand social and ethical norms for behavior and to recognize family, school, and community resources and supports.

- Social Awareness helps you build strong relationships and friendships.
- It boosts emotional and social well being.
- It improves empathy and compassion while communicating with others.
- It helps you know your strengths and weaknesses.

**Health Awareness**

Awareness is about developing an understanding of one's mental health needs and the potential to be vulnerable to further episodes of mental illness. ... Awareness comprises a general understanding of one's mental health, but also more specific knowledge of risk and protective factors for mental health.

Girl's education is like sowing the seed to raise the green plant of a charming full grown family which bears fruits. Today's girl child will be the mother of tomorrow. As citizens of democratic India women have equal right for education. Here Girl's education should not mean cramming few books, memorizing some typical numerical problems but, it should mean in terms of providing ample opportunities to girls in involving the system. It is not only just a providing opportunity but a due right of girl to be educated.



**CRITERION II**

**TOPICS DISCUSSED**

Girl's education stimulates educational consciousness & civic sense. Educating adolescent girls may perhaps be the only way to put an end to the seemingly never-ending cycle of issues like dropout, low attendance, and low age of marriage and low status of women. Specific inputs are necessary to enhance their self-esteem and self confidence to familiarize them with the status and problems related to women.

Equally, health, hygiene, menstruation and related physiological knowledge which are not being covered as part of the regular curriculum, help students to explore a universe beyond their textbooks. National Curricular Framework-2005 says "The physiological changes that occur during adolescence stage have ramifications in the psychological and social aspects of an adolescent's life.

**CLASS SCREENSHOT:**



*B. Nisha*  
Signature of the Mentor  
**(B.NISHA)**

*S. Pr*  
Signature of the HOD

*V. Vignesh*  
Principal  
Signature of the Principal  
Cauvery College For Women  
(Autonomous)  
Annamalai Nagar,  
Tiruchirappalli - 620 018.  
Tamilnadu.



**CAUVERY COLLEGE FOR WOMEN(AUTONOMOUS)**

**PG AND RESEARCH DEPARTMENT OF MATHEMATICS**

**TUTOR WARD**

Class: I M.Sc Mathematics

Date : 29.01.2021

Number of Beneficiaries: 20

Time : 1- 2 pm

**IMPORTANCE OF EDUCATION AND BEHAVIOR**

The following points were discussed in the class.

- Proper and good education is very important for all of us. It facilitates quality learning all through the life among people of any age group, cast, creed, religion and region. It is the process of achieving knowledge, values, skills, beliefs, and moral habits.
- People need to get high level awareness about the importance of knowledge more than before. Education is very necessary for each and everyone in order to improve knowledge, way of living as well as social and economic status throughout the life. Getting proper education is the birth rights of everyone restricting which is the crime.
- Education is the ultimate way to get victory over all the personal and social problems. Education is very important to all of us as it plays very important roles in our life. In order to live a better and peaceful life, we need to be educated. It transforms us completely from inside and outside by changing our mind and personality as well as improving our confidence level. It changes our life completely as it is constructive in nature.
- Physical fitness is not the sole basis of being healthy; being healthy means being mentally and emotionally fit. Being healthy should be part of your overall lifestyle. Living a healthy lifestyle can help prevent chronic diseases and long-term illnesses. Feeling good about yourself and taking care of your health are important for your self-esteem and self-image, Maintain a healthy lifestyle by doing what is right for your body.
- Behavior is what makes us gentle and sober and behavior is what makes us human. It's one quality that we have developed that throws us in the good light no matter what position we hold in the society or how rich we are. It is something that is appreciated and encouraged by everyone because that's what holds us together. When someone doesn't show a good attitude towards you or doesn't know how to behave properly, surely you wouldn't like to be around such people. We



**CRITERION II**

**TOPICS DISCUSSED**

don't need people who would pull us down or treat us in anyway less than how we deserve to be treated.

**CLASS SCREENSHOT:**



*J. ...*  
Signature of the Mentor

*S. P...*  
Signature of the HOD

*V. ...*  
Principal  
Cauvery College For Women  
(Autonomous)  
Annamalai Nagar,  
Tiruchirappalli - 620 018.  
Tamilnadu.



CAUVERY COLLEGE FOR WOMEN (AUTONOMOUS)

PG AND RESEARCH DEPARTMENT OF MATHEMATICS

TUTOR WARD

Class: I M.Sc Mathematics

Date: 23.02.2021

No.of Beneficiaries: 20

Time: 10 -11 am

STRESS MANAGEMENT DURING PANDEMIC SITUATION

The following topics were discussed in the class.

- **Follow the recommended health guidelines.**  
These guidelines include getting the COVID-19 vaccine, frequent hand-washing, wearing a mask in public places, social distancing, practicing respiratory etiquette and cleaning commonly used surfaces. See the latest recommendations from the Centers for Disease Control and Prevention (CDC). Not only will you protect your health, but you'll also protect the health of vulnerable people in your community, like older adults and those with serious or underlying health issues.
- **Create a morning routine.**  
When you're stuck at home, it can be tempting to let go of basic routines, but Flanagan says a morning routine can help you feel more productive and positive. Consider waking up at the same time each day, exercising, showering, meditating, journaling, tidying your home or having a healthy breakfast as part of your morning ritual.
- **Check in with loved ones regularly.**  
Staying in touch with family and friends can help reduce stress.
- **Consider ways to help others.**  
This can include picking up groceries for a neighbor and leaving them at their door, donating to a local charity, or purchasing gift cards from your favorite restaurant. By taking the focus off yourself, you can experience reduced stress and a greater sense of well-being.
- **Have a daily self-care ritual.**  
Self-care can include exercise, meditation, walking outside, reading, taking a bubble bath, painting, journaling, gardening, cooking a healthy meal or enjoying a favorite hobby. Pick one thing and do it at the same time each day. It will help anchor your day and provide a welcome respite.
- **Limit news and media consumption.**  
"When we constantly check our newsfeeds and see bad news, it activates our sympathetic nervous system and can send us into fight-or-flight mode," says Flanagan. He recommends limiting how often you check the news to once or twice a day (ideally not first thing in the morning or after dinner), turning off news alerts, and obtaining information from one or two reputable news outlets.



**CRITERION II**

**TOPICS DISCUSSED**

- **Set boundaries around social media.**  
 "There's this concept of toxic sociality where we constantly have to be connected, even in superficial ways, and when we're not, it feels like part of us isn't being 'fed,'" he explains. "It's important to practice social distancing with social media too. We may not think we're having any effect on our newsfeed, but we can take steps to reduce the ripple effect of panic on social media." He suggests posting positive messages online and being mindful of your likes, shares and comments.
- **Meditate.**  
 Meditation can help restore your sense of control as you focus on your breath or a positive word or phrase. "Meditation can help you activate your parasympathetic nervous system, and that's an antidote to fear," says Flanagan. "And when you're more centered, you're able to create a calm reality around you." Try this guided meditation to get started.

**CLASS SCREENSHOT**



*S. Vidhya*

Signature of the Mentor  
(S. VIDHYA)

*S. Pr...*

Signature of the HOD

*V. Raj...*

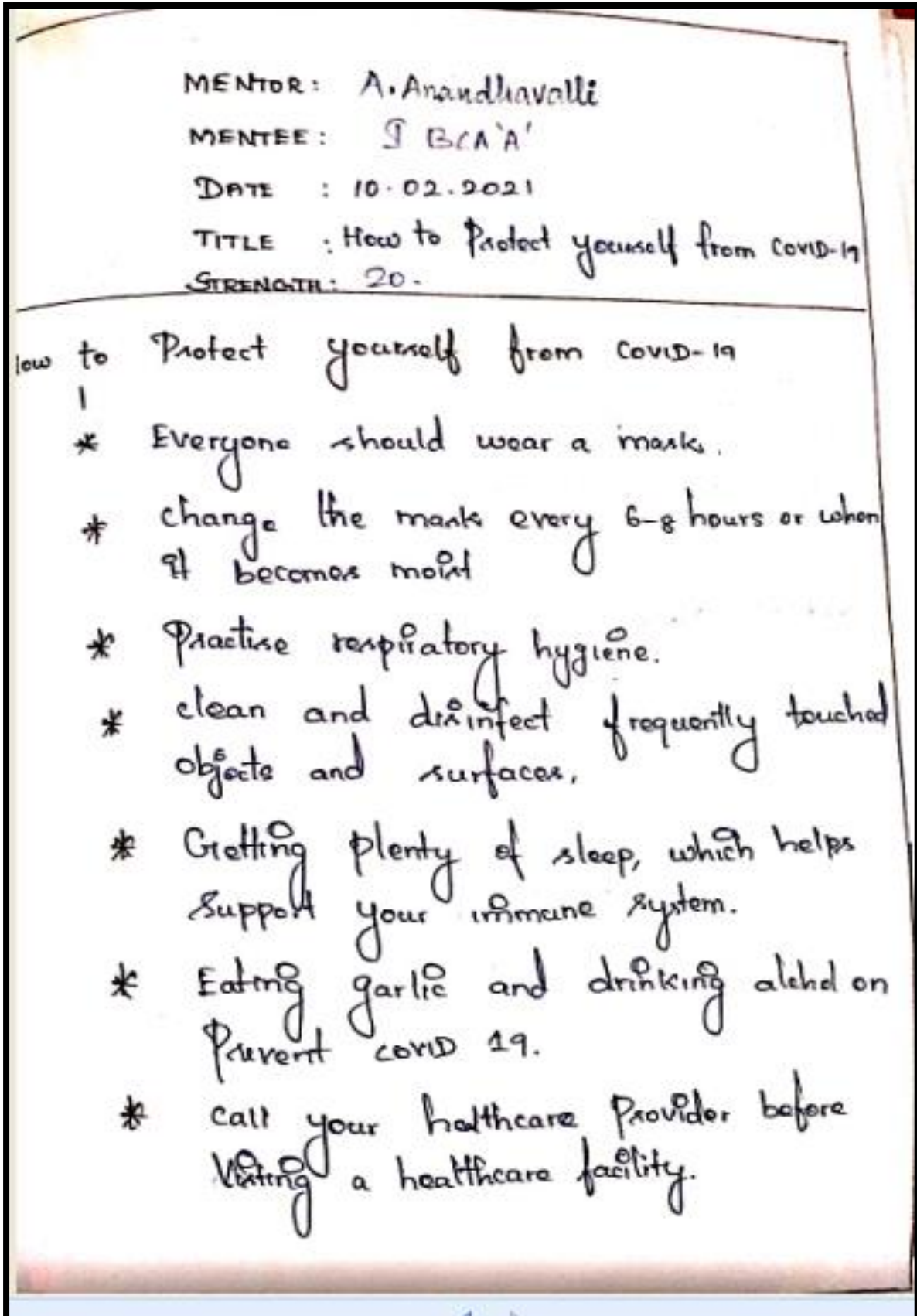
Signature of the Principal  
Cauvery College For Women  
(Autonomous)  
Annamalai Nagar,  
Tiruchirappalli - 620 018,  
Tamilnadu.



CRITERION II

TOPICS DISCUSSED

DEPARTMENT OF COMPUTER APPLICATIONS

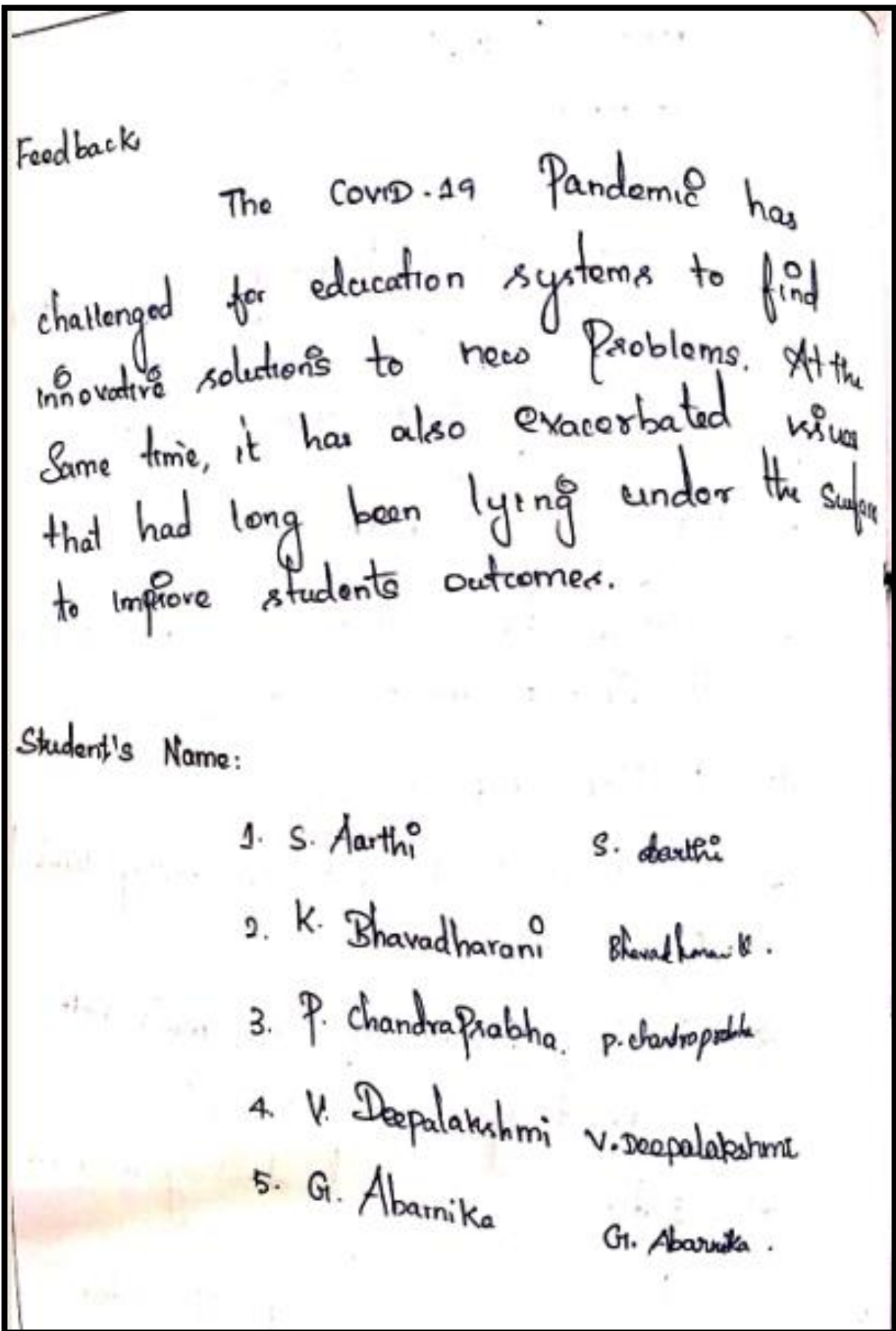


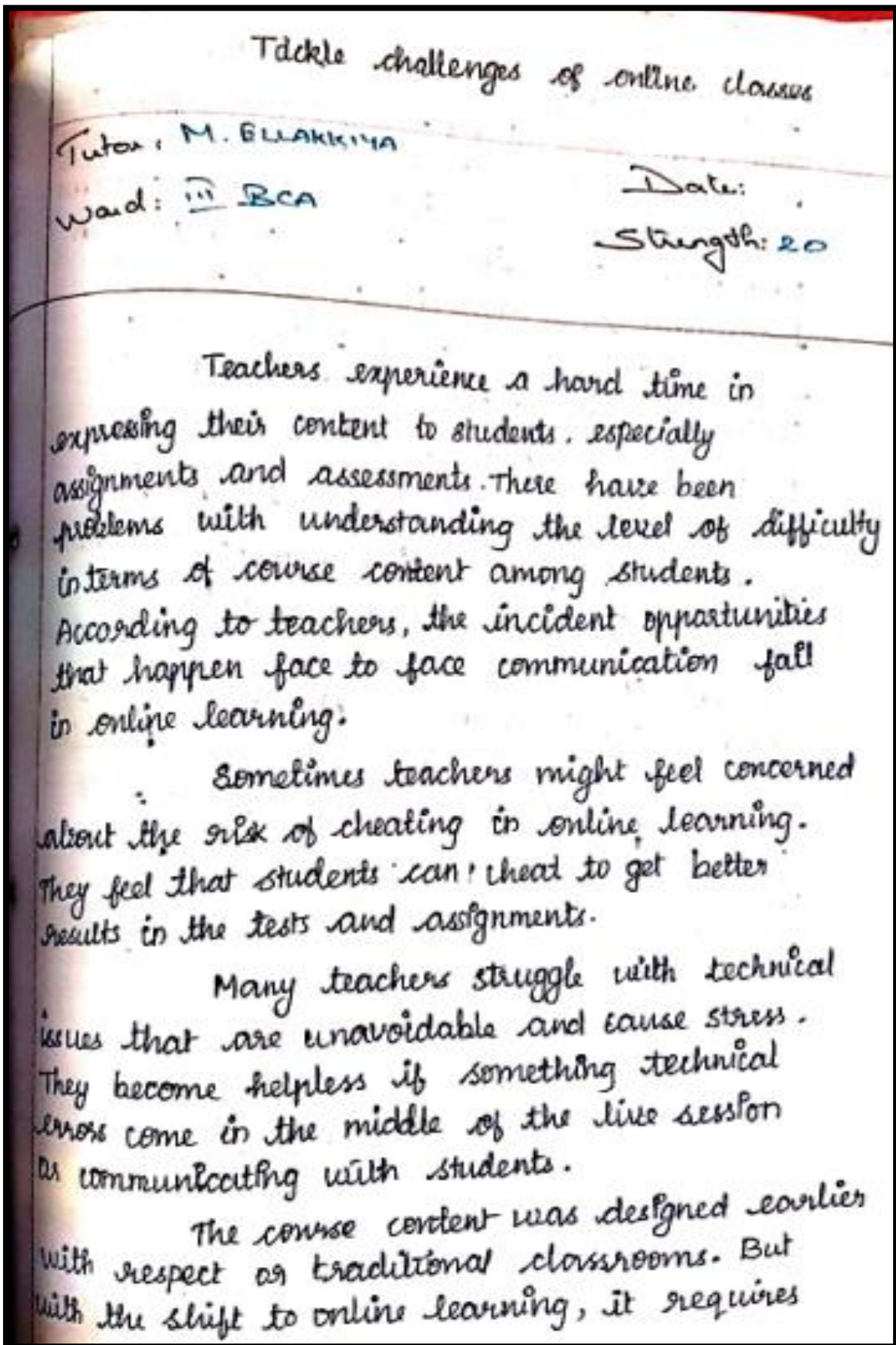




CRITERION II

TOPICS DISCUSSED







redesigning of course which can take a considerable amount of time and energy. It would have been successful when it started well in advance for better learning outcomes. Most of the cases, these courses work well in traditional classrooms but go flat in online learning. It happens when there are no content-related activities, assignments or projects that can be done online.

Every student needs feedback for their performance for improvement. Teachers find it difficult to give feedback to all students individually. Sometimes few students get benefited from it and others don't. As students are not given proper feedback leading to poor performance. Teachers do not find proper methods of providing feedback to all the students.

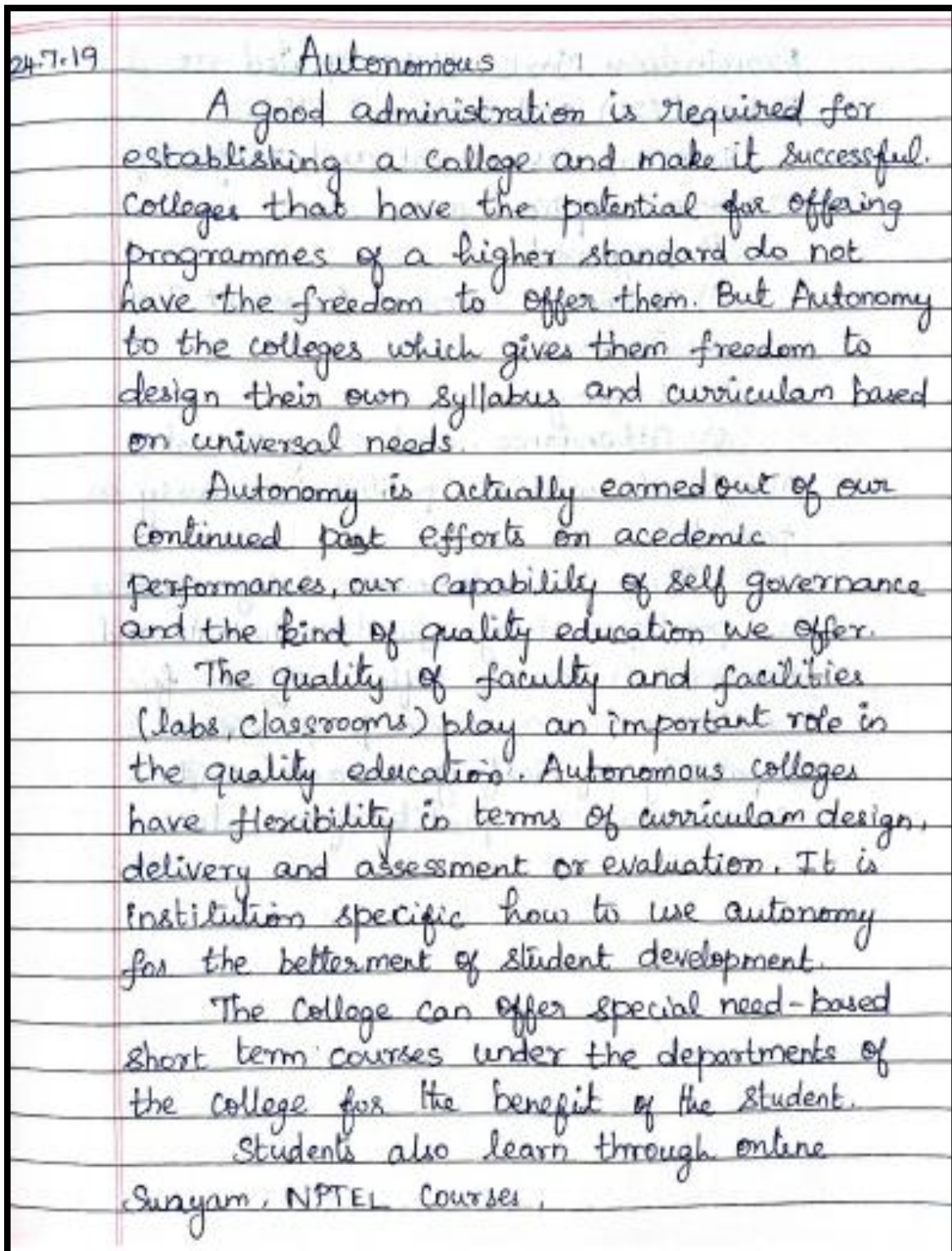
1. Pooja
2. Keethavani
3. Kowsalya
4. Kavijee
5. Muthukumar



**TOPICS DISCUSSED 2019-2020**

**PG AND RESEARCH DEPARTMENT OF MATHEMATICS**

**DR.V.GEETHA, ASSISTANT PROFESSOR IN MATHEMATICS**



**CRITERION II****TOPICS DISCUSSED**

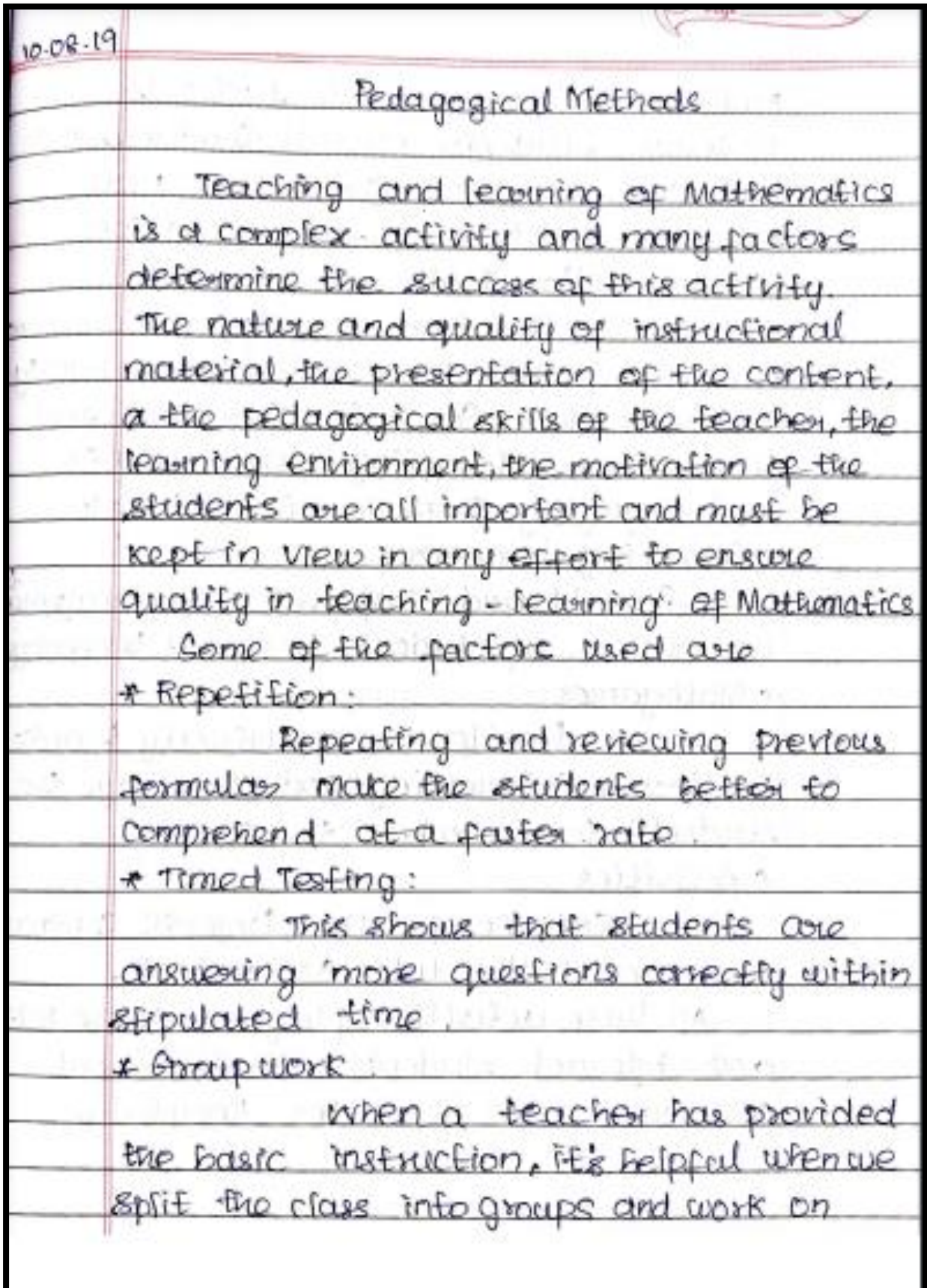
S.No	Name of the student	Signature
1.	R. Abarna	R. Abarna
2.	B. Abinaya	B. Abinaya
3.	B. Achya	Achya. B.
4.	V.M. Akshaya	V.M. Akshaya
5.	S. Arandhi	S. Arandhi
6.	A. Anisla Mary	A. Anisla
7.	R. Anusuya	R. Anusuya
8.	R. Bhavadharani	R. Bhavadharani
9.	B.H. Binusha	B. Binusha
10.	S.R. Dharshini	S.R. Dharshini
11.	T. Dheebika	T. Dheebika
12.	L. Dutchandhini	L. Dutchandhini
13.	K. Harini	K. Harini
14.	M. Iswarya	M. Iswarya
15.	A.H. Jessima	A.H. Jessima
16.	S. Kamali	S. Kamali
17.	P. Kayathri	P. Kayathri
18.	N. Kiruthiga	N. Kiruthiga
19.	R. Kiruthika	R. Kiruthika
20.	M. Kousalya	M. Kousalya
21.	S. Krishnaveni	S. Krishnaveni
22.	S. Madhumitha	S. Madhumitha
23.	N. Manipriya	N. Manipriya
24.	A. Manjula	A. Manjula
25.	M.K. Monisha	M.K. Monisha



CRITERION II

TOPICS DISCUSSED

P.SARANYA, ASSISTANT PROFESSOR IN MATHEMATICS





problems. The goal of this factor is to teach students critical thinking skills that are necessary for future math problems and in real life situations.

\* Manipulation Tools :

In the case of flipped classroom students watch prerecorded lessons priorly coming to class. So a teacher can spend more time interacting with students and engaging them in discussions in interesting manner.

Smart Board improves class management and wakes up students to smart technology.

\* Math games :

Provide the opportunity to make the lesson interesting and encourage the students to remember the concept.

\* Activities :

Quiz competition, Projects, Seminars, Discussion, Maths clubs, Assignment.

All these activities play an active role and interact students with different resources and generates knowledge.

**CRITERION II****TOPICS DISCUSSED**

S.No.	Name of the student	Signature
1	B. Aarthi	B. Aarthi
2	A. Aarthi	S. Aarthi
3	S. Abarna	S. Abarna
4	V. Abarna	P. Abin
5	P. Abarna Sri	V. Abarna
6	G. Abi Karthika	Ge. Abi kartika
7	M. Abinaya	M. Abinaya
8	S. Abinaya	S. Abinaya
9	V. Abinaya	V. Abinaya
10	P. Abirami	P. Abirami
11	V. Abirami	V. Abirami
12	A. Afrose Begum	A. Afrose Begum
13	T. Akalya	T. Akalya
14	K.N. Akshaya	K.N. Akshaya
15	S. Amirthavalli	S. Amirthavalli
16	S. Anbarasi	S. Anbarasi
17	S. Anusha	S. Anusha
18	R. Anusuya	R. Anusuya
19	T. Archana	T. Archana
20	S. Arthi	S. Arthi





L.MAHALAKSHMI , ASSISTANT PROFESSOR IN MATHEMATICS

20.09.2019

### Competitive Exams

Competition among the students is getting more and more these days either in education or in getting jobs. If the student is not able to sustain one will be placed at the end even though the student has capability.

Teachers have a lot to do with the students in motivational level. A student may arrive in class with a certain degree of motivation.

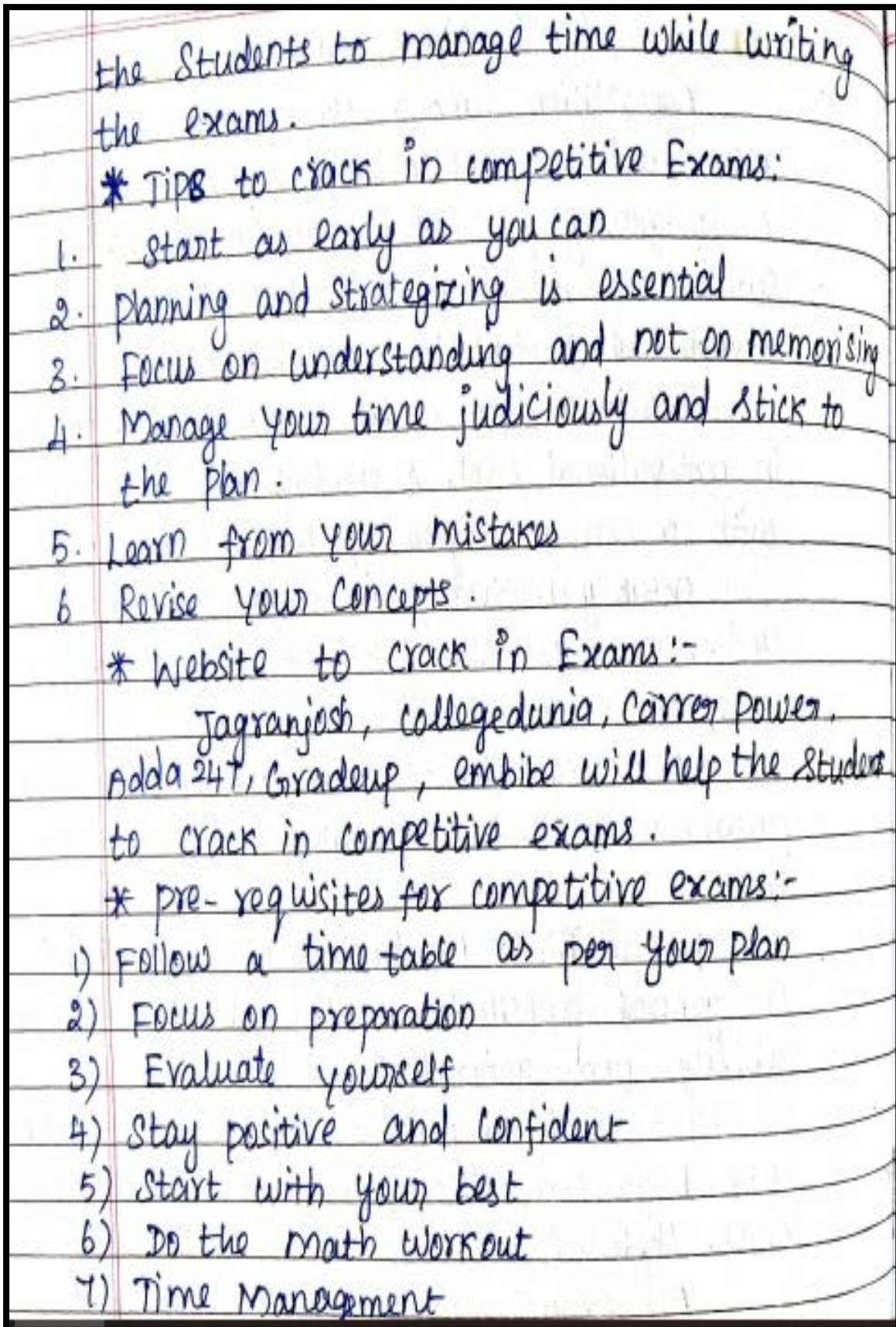
Actually motivation is a key to perform and succeed for the sake of accomplishing a specific outcome.

All competitive exams are having general awareness, aptitude, reasoning and English language test.

Ensure ideas to develop the skills related to general aptitude, mental ability, quantitative ability and general English.

The word competitive exam itself denotes the huge competition that takes place to crack these exams.

All exams are time bound. A good preparation as well as time management, place an important in competitive exams. We insist



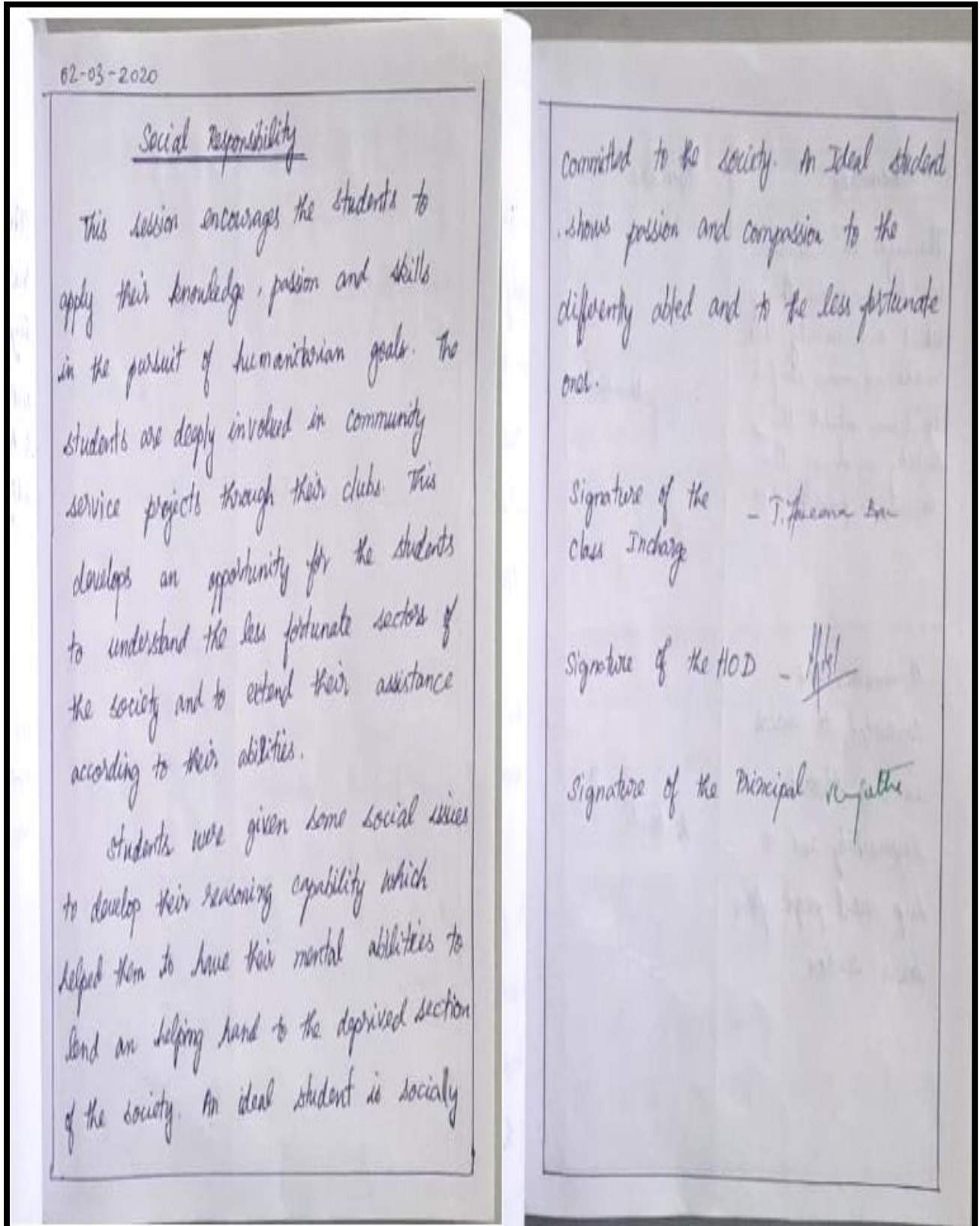


CRITERION II

TOPICS DISCUSSED

PG AND RESEARCH DEPARTMENT OF ENGLISH

HASEENA BANU, ASSISTANT PROFESSOR IN ENGLISH





CRITERION II

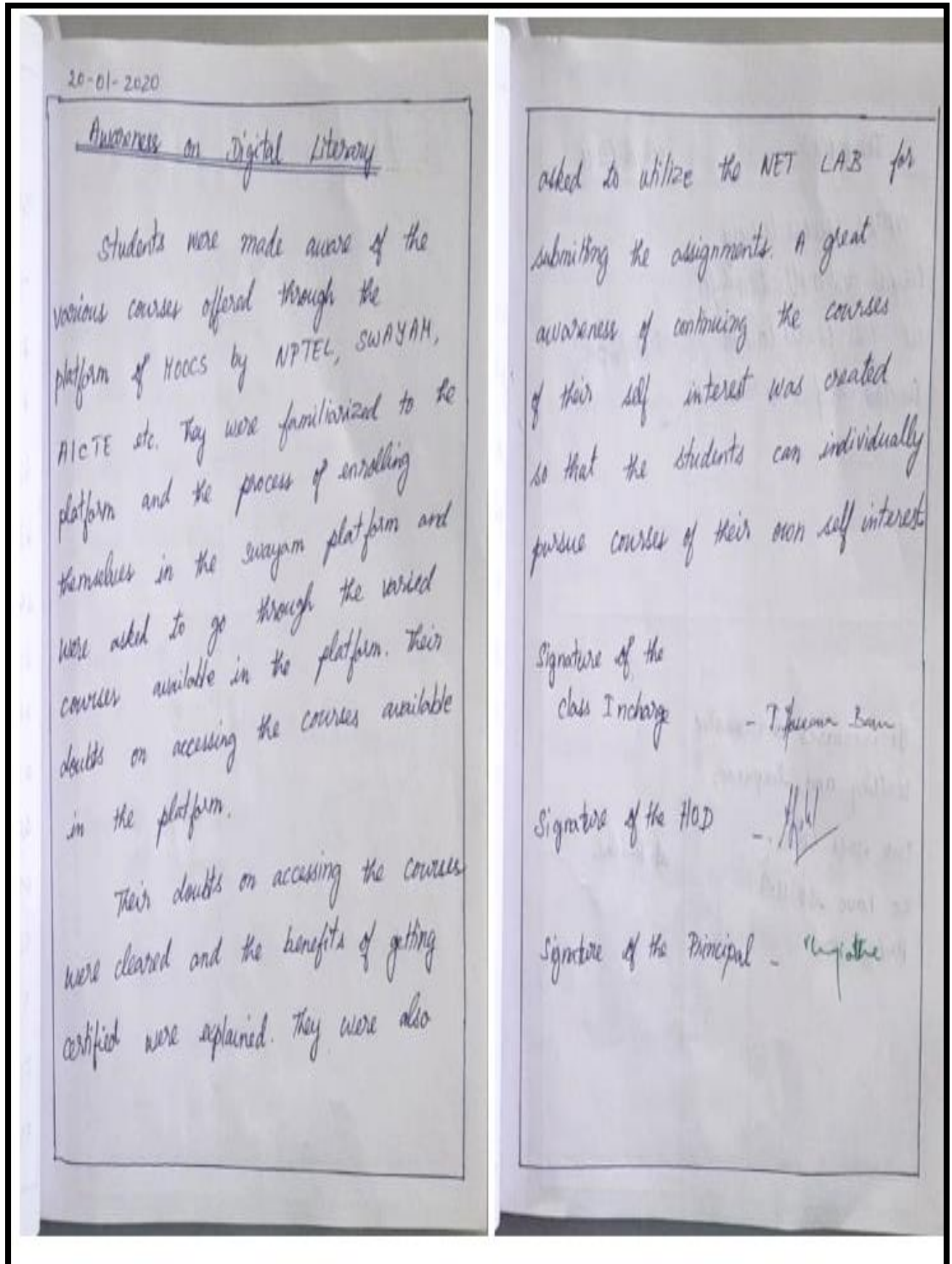
TOPICS DISCUSSED

Remarks	Signature	Remarks	Signature
Through this session, we learn more thing about our society that make us more useful to learn about the society and of the social responsibilities	S. Pragnathambika	District judge of Tiruchy held a seminar in our college regarding women safety including marital problems faced by many in the country	J. Jennifer
A seminar was conducted to enrich an our student responsibility and to help rural people from lower section	R. Anjali	This lesson was to understand to know more about the social responsibilities in our present scenario we get involved into a great responsible future through the lesson	S. Suthya



CRITERION II

TOPICS DISCUSSED





CRITERION II

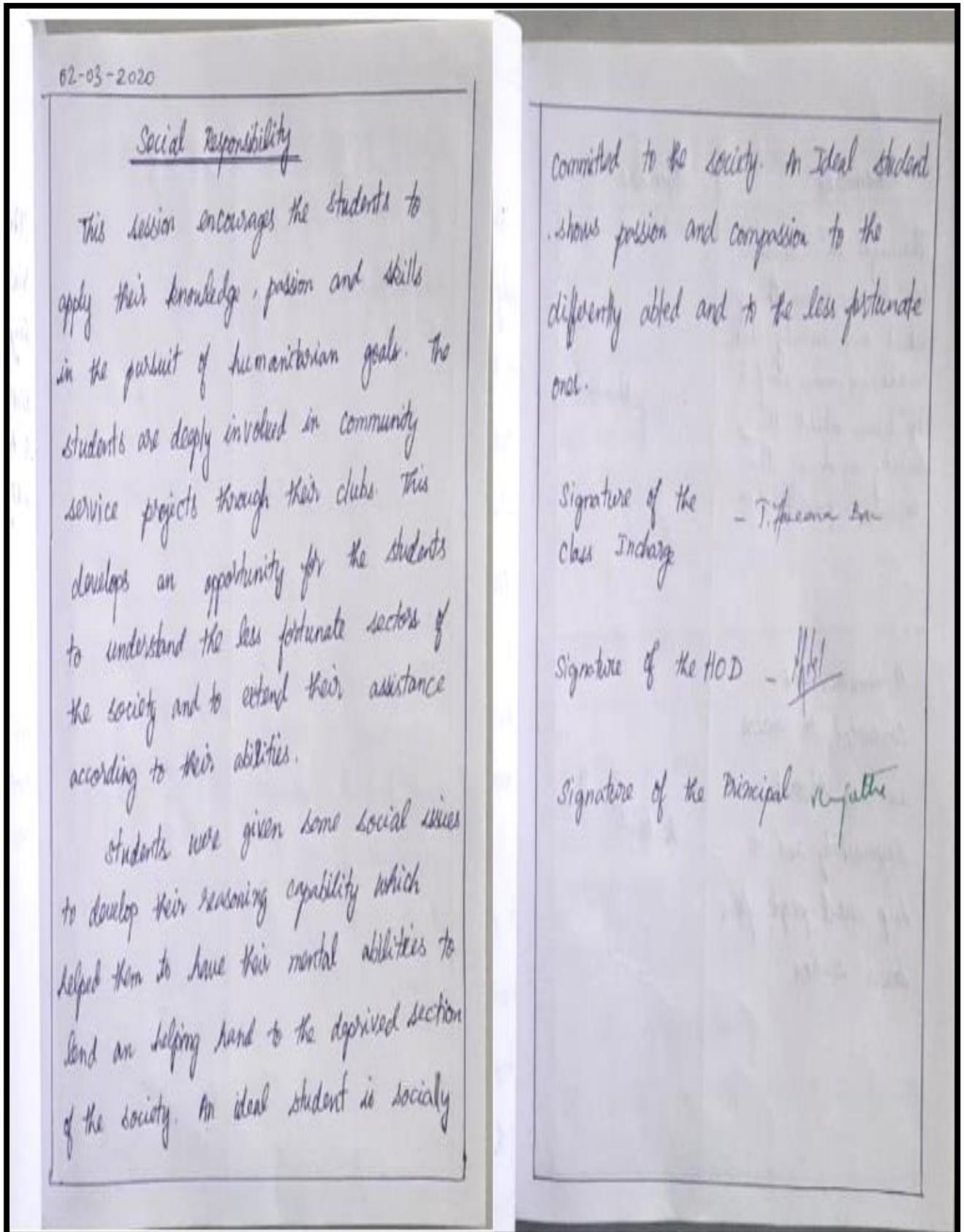
TOPICS DISCUSSED

Remarks	Signature	Remarks	Signature
NPTEL course is very useful, and motivational for us. This course taught us how to face the interview.	<i>[Signature]</i>	Personality Enhancement course is useful to develop the soft skills. We have professional teachers.	<i>[Signature]</i>
It increases our creative writing and improves our soft skills. We have skilled Professors.	<i>[Signature]</i>	Creative writing course increases creativity. It makes us to think in a different way.	<i>[Signature]</i>



CRITERION II

TOPICS DISCUSSED





CRITERION II

TOPICS DISCUSSED

Feedback		feedback	
Remarks	Signature.	Remarks	Signature.
1. The class was interesting and subject taught was informative. Looking forward for such classes.	<u>Sobhini</u>	A. The class was interesting and informative thought provoking session.	<u>P. Kanya</u>
2. The class was so interesting and informative. It helped us to get a wider knowledge in the subject.	<u>S. Suresh</u>	B. Our class was thought provoking and made us clear all our doubts.	<u>S. Suresh</u>
3. We are fortunate to have this session as it the need of the hour.	<u>Vennila</u>	Signature of the staff-in-charge	<u>S. Suresh</u>
		Signature of the HOD	<u>[Signature]</u>
		Signature of the Principal	<u>[Signature]</u>





CRITERION II

TOPICS DISCUSSED

PSYCHOLOGICAL ISSUES ADDRESSED

SAMPLE RECORDS

CAUVERY COLLEGE FOR WOMEN (AUTONOMOUS), TRICHY  
PG AND RESEARCH DEPARTMENT OF SOCIAL WORK  
COUNSELLING CELL

Name: [Redacted]  
Department: [Redacted] Date: 3/3/2023  
Phone.no: [Redacted]  
Appearance: Shy  
Grooming: Shabby/Neat  
Eye Contact: Good/Average/Poor  
Dressing: Appropriate/Not Appropriate

**PRESENTING COMPLAINTS**  
(Subjective: Whatever the client say-Verbatim)  
I have not been accepted by my friends and family.

**CHILDHOOD HISTORY:**  
(Development Delays, Academics, Abuses, Friends, Activities, Etc...)  
Procrastination from Childhood.  
low marks  
less concentration.

**PSYCHO SOCIAL DIAGNOSIS:**  
Irregular in Submission  
Not interested in studies

**REMEDY:**  
Regular meet up with the teachers.  
Holding responsibilities in class.  
[Signature]



CAUVERY COLLEGE FOR WOMEN (AUTONOMOUS), TRICHY  
PG AND RESEARCH DEPARTMENT OF SOCIAL WORK  
COUNSELLING CELL

Name: \_\_\_\_\_ Date: 29/01/2023  
Department: \_\_\_\_\_  
Phone.no: 9  
Appearance:  
Grooming: Shabby/Neat  
Eye Contact: Good/Average/Poor  
Dressing: Appropriate/Not Appropriate

**PRESENTING COMPLAINTS**  
(Subjective: Whatever the client say-Verbatim)  
I am not interested in studies  
due to family issues

**CHILDHOOD HISTORY:**  
(Development Delays, Academics, Abuses, Friends, Activities, Etc...)  
NO Development Delays  
Low performance in academics  
Excellent in artistic work

**PSYCHO SOCIAL DIAGNOSIS:**  
The client had poor rapport  
with the family members. The client  
does not want to share with the family  
members

**REMEDY:**  
Self restriction was given  
Ego strengthening was done  
motivated to ventilate

Doc  
12/09/2023



CAUVERY COLLEGE FOR WOMEN (AUTONOMOUS), TRICHY  
PG AND RESEARCH DEPARTMENT OF SOCIAL WORK  
COUNSELLING CELL

Name: \_\_\_\_\_ Date: 01-03-2022  
Departme: \_\_\_\_\_  
Phone.no: \_\_\_\_\_  
Appearance: Good  
Grooming: Shabby/Neat  
Eye Contact: Good/Average/Poor  
Dressing: Appropriate/Not Appropriate

PRESENTING COMPLAINTS  
(Subjective: Whatever the client say-Verbatim)  
She is seperated from her mother from the age of 14 years. Father is not working & dependent to his sister

CHILDHOOD HISTORY:  
(Development Delays,Academics,Abuses,Friends,Activities,Etc...)  
Lack of affection from parents due to male Preference for third baby.

PSYCHO SOCIAL DIAGNOSIS:  
Parents are suspecting her with her School mate (boy) that she is in love with him and treating badly at home

REMEDY:  
Motivated to study and spoke to father and told about the truth.

*l. n. n.*



CRITERION II

TOPICS DISCUSSED

CAUVERY COLLEGE FOR WOMEN (AUTONOMOUS), TRICHY  
PG AND RESEARCH DEPARTMENT OF SOCIAL WORK  
COUNSELLING CELL

Name: [Redacted] Date: 28.09.2022  
Department: [Redacted]  
Phone.no: [Redacted]  
Appearance: Good  
Grooming: Shabby/Neat  
Eye Contact: Good/Average/Poor  
Dressing: Appropriate/Not Appropriate

PRESENTING COMPLAINTS  
(Subjective: Whatever the client say-Verbatim)  
She is in love with the guy who is working in Private Industry. He is earning Rs. 15,000 & he is stable. So she likes to get marry him. So parents are not willing to continue her studies.

CHILDHOOD HISTORY:  
(Development Delays, Academics, Abuses, Friends, Activities, Etc...)  
Introvert Delay in Socialization process  
Very less friends and not participating in any Extracurricular activities.

PSYCHO SOCIAL DIAGNOSIS:  
Introvert Personality and not willing to share her problems with anyone.

REMEDY:  
Do. Advised Parents to have trust on their daughter

Mentor



CRITERION II

TOPICS DISCUSSED

CAUVRY COLLEGE FOR WOMEN (AUTONOMOUS), TRICHY  
PG AND RESEARCH DEPARTMENT OF SOCIAL WORK  
COUNSELLING CELL

Name: \_\_\_\_\_ Date: 12.07.2023  
Department: \_\_\_\_\_  
Phone.no: \_\_\_\_\_  
Appearance: Good  
Grooming: Shabby/Neat  
Eye Contact: Good/Average/Poor  
Dressing: Appropriate/Not Appropriate

PRESENTING COMPLAINTS  
(Subjective: Whatever the client say-Verbatim)  
"Parents are suspecting me that I am in  
love with a guy (cousin) and not allowing  
me to continue my studies

CHILDHOOD HISTORY:  
(Development Delays,Academics,Abuses,Friends,Activities,Etc...)  
Parents are alcoholic .  
Abused by Relative  
Poor moral values

PSYCHO SOCIAL DIAGNOSIS:  
Attention seeking and trying  
to get sympathy among peer group

REMEDY: Clarified about her Behavior  
and Problem. Tried to Behave  
keep up with Good qualities  
S.M.



CAUVERY COLLEGE FOR WOMEN (AUTONOMOUS), TRICHY  
PG AND RESEARCH DEPARTMENT OF SOCIAL WORK  
COUNSELLING CELL

Name: [Redacted] Date: 5.01.2023  
Department: [Redacted]  
Phone.no: 9751816026  
Appearance: Very lean  
Grooming: Shabby/Neat  
Eye Contact: Good/Average/Poor  
Dressing: Appropriate/Not Appropriate

**PRESENTING COMPLAINTS**  
(Subjective: Whatever the client say-Verbatim)  
A married woman has one daughter and her husband is Military service. She developed suspicious attitude towards her husband having extra marital affair.

**CHILDHOOD HISTORY:**  
(Development Delays,Academics,Abuses,Friends,Activities,Etc...)  
Hails from an orthodox family and got married early soon after her school.

**PSYCHO SOCIAL DIAGNOSIS:**  
Feel inferior as her husband didn't like her on the very first day of her marriage. She faces marital dissatisfaction.

**REMEDY:**  
Advised her to have open talk with her husband & wait for his transfer to South India.

L. Meetha



CAUVRY COLLEGE FOR WOMEN (AUTONOMOUS), TRICHY  
PG AND RESEARCH DEPARTMENT OF SOCIAL WORK  
COUNSELLING CELL

Name: [Redacted]  
 Department: [Redacted] L. Date: 30.11.2023  
 Phone.no:  
 Appearance: Looking tired & sick  
 Grooming: Shabby/Neat ✓  
 Eye Contact: Good/Average/Poor  
 Dressing: Appropriate/Not Appropriate

**PRESENTING COMPLAINTS**  
 (Subjective: Whatever the client say-Verbatim)  
 The client had ~~long~~ problem with friends & teachers. Developed fear towards teachers. Doesn't like the subject computer science. No friends at college now. She is psychologically disturbed. Under taking psychiatric treatment for one year.

**CHILDHOOD HISTORY:**  
 (Development Delays, Academics, Abuses, Friends, Activities, Etc...)  
 Had good memories of school days & childhood days. She had good friends. She wanted to study english after schooling. She developed head ache during 11<sup>th</sup> standard.

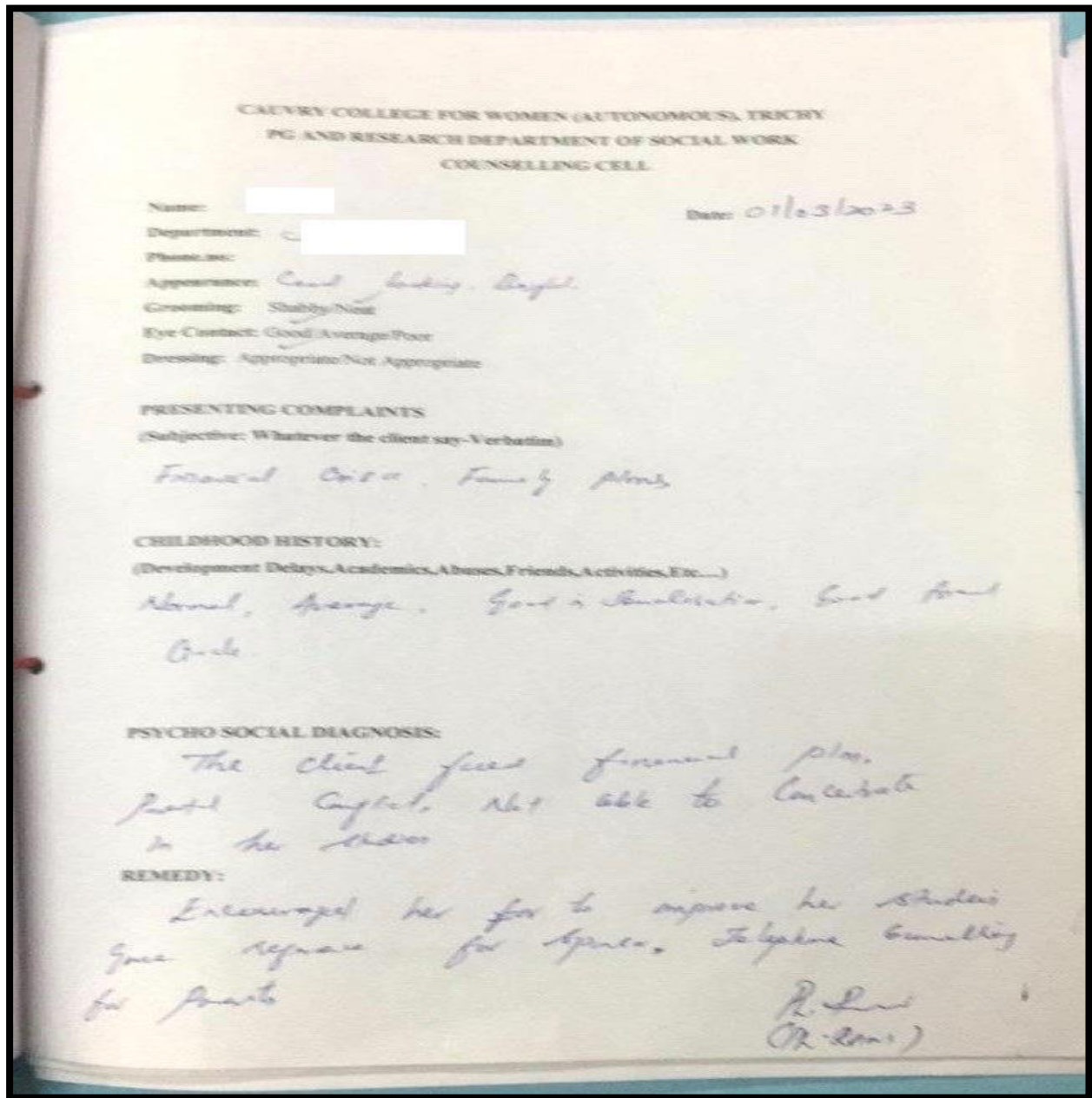
**PSYCHO SOCIAL DIAGNOSIS:**  
 The client experiences headaches & developed fear towards teachers & hatred towards computer science subject. She seems develop phobia & depression.

**REMEDY:**  
 She is already taking psychiatric treatment in Pudukottai. She decided to discontinue her studies. But she was motivated to complete her studies.



**CRITERION II**

**TOPICS DISCUSSED**



Engaging in conversations about sensitive topics such as challenges, fears, and insecurities strengthens the trust and bond between mentors and mentees. When mentees feel safe and supported, they are more likely to open up and seek guidance, fostering a deeper and more meaningful mentoring relationship. Discussing a range of topics with mentees enhance the mentoring experience, promote both personal and professional growth, and empower mentees to reach their full potential.